

New Horizon गुरुकुल गुरुकुल TIMES

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तैलात् रक्ष्येत् जलाद् रक्ष्येत्
रक्ष्येत् शिथिल बंधनात् ।
मूर्ख हस्ते न दातव्यम्
एवम् वदति पुस्तकम् ॥

Meaning:

A book says : protect me from oil[oily products which leave a mark on the page]. Protect me from water; Also protect me from loose binding. And after doing all this please do not hand me over to a unintelligent (Murkha) person.

EDUCARE-enkindling the latent goodness

Dr.SRadhakrishnan ,the great philosopher and former President of India, made his first visit to the United states when John F Kennedy was the president .The weather was dark and stormy in Washington and when Dr.Radhakrishnan alighted from the plane, it began to pour cats and dogs, as the expression goes.

The young American President greeted his Indian counterpart with a warm handshake and smile, "I am so sorry for such a bad weather during your visit".The philosopher statesman smiled , "We can't change bad things, Mr President, he observed. " But we can change our attitude to them.

"A FEW YEARS AGO, I was in Delhi, I was invited by Doordarshan to visit their studios. There I met a wonderful man.He had lost both his arms in an accident but he had a positive attitude. He trained his feet so that he could take up the job of composing in a press. With a smile on his face and a feeling of joy, he said, "I earn Rs.500 a month. I am not a burden on anyone."

There was another man whom I met in Pune. He was sitting by the wayside, and he had no legs, only stumps beneath his hips. "What happened to you?" I asked him. "Nothing!" he replied. " I was born this way" . "May I ask , who takes care of you, my friend?" I enquired.

"My Mother- and above all, God"

"Do you find it difficult, inconvenient to move about?" I asked and to that, he reciprocated

" Do you find it difficult and inconvenient that you don't have wings?". "Don't you think it would be far better if you could fly on your own, rather than wait to catch a plane?"

"Life is matter of habit". If you start complaining, there is so much to complain about. It is the attitude that counts."

Its attitude , ultimately...



New Horizon Cup - 2019

A healthy mind resides in a healthy body. Sports and games not only helps one to develop physical fitness but also mental alertness, strength, stamina, speed and team spirit. New Horizon Gurukul proudly makes this spirit of understanding an achievable reality through *HORIZON CUP -2019 (State level Interschool Kabbaddi, Badminton and Football Tournaments)* and would continue the same in the years to come. Mr. Jagdish Yadav K, Intenational Badminton Player and Founder of Skyfinch Sports Group graced the opening ceremony on 2nd August 2019 in the presence of Principal, Coordinators , coaches and students from various schools.

This year New Horizon Gurukul gave a spectacular performance by winning laurels in various games and sports. With around 50 schools participating in the Gurukul cup in Football, Basketball, Volleyball, Kabbadi and Badminton , our Gurukulites emerged victorious in the following tournaments ;

In U-12 Boys Badminton, Hardik Mohanty of 5F bagged the First place

In U-14 Girls, Linesha Maya of 7 A bagged the second prize.

In U-16 Girls, Shria S of Class 10th bagged the 3rd prize.

In U-14 Boys Kabbadi ,Gurukul team emerged as winner.

In U-15 Boys Football and Girls Volleyball, NHG team won the first prize.



Independence Day Celebrations

As the nation celebrated the 73rd Independence Day on August 15th, New Horizon Gurukul too rejoiced and got together to commemorate India's independence from the clutches of the British rule. Director NHG, Ms.Sargam Manghnani unfurled the tricolour flag and all stood in attention to the violin cover of the national anthem played by Siddesh of 8E. This was followed by an impressive parade by the members of the four houses and the Green Ambassadors.

The cultural extravaganza to mark the special day comprised of a playlist of patriotic songs by the school choir, a spectacular and flawless dance performance showcasing India's varied dance forms and an alluring 'ghoomar' dance. Both these added to the festivities prevailing in the air. Keeping with the tone and patriotic fervour of the day.

Akshith Rajwade of 6H gave a speech in Hindi. Through a dialogue presentation the School Captians Shreyas Srinivas and Shria Sundarrajan reminded and reinforced the role of a true Indian citizen.

In their wonderful speech, Medha Gandham and Sonia Badgeri recollected the sacrifices of many and highlighted our nation's journey and her speedy development. Penned by Chinmayee D of 10C the poem 'Guns and Glory' was emotionally put across to the audience.

The Principal addressed the gathering highlighting the essence of the true spirit of independence followed by a her self-composed poem which incorporated the beauty of diversity which ultimately makes us feel proud being an Indian. The spirit of freedom and nationalism was well exhibited and the synchronised celebration came to a close with the distribution of sweets.



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Admission Circular

FOR PLAYGROUP, NURSERY, LKG AND UKG FOR THE ACADEMIC YEAR 2020-21
Dear Parents, Hari Om!

Registration forms for admission for the academic year 2020-21 for PLAYGROUP, NURSERY LKG & UKG can be downloaded from 5th September 2019 onwards from the website www.newhorizonvidyamandir.in

Filled in registration forms should be submitted at New Horizon VidyaMandir only on **9th October 2019 for siblings** and **10th, 11th, 12th October 2019 (General)**. The registration fee is Rs.500/-. Parents can take a tour of the campus after the submission of registration forms.

The timings are: 9.00 am to 2.30 pm.

Please submit the filled in registration form with the following enclosed:

1. The latest passport size photograph of the child
2. Photocopy of the birth certificate
3. Aadhar copy of the child

Note: For those in the sibling category, student interaction and admission process will be completed on the same date of submission on 9th October 2019 itself. In case of registration form for siblings not being submitted on the said date, any applicable concession will not be given and your child's admission will be considered in the general category as per availability of seats.

The child should have completed 1 year 10 months on 1st June 2020 for admission to Playgroup. For admission to Nursery, the child should have completed 2 years 6 months on 1st June 2020, for LKG and UKG the corresponding age will be considered.

Mrs. Usha Vasudevan
Principal-NHVM



Sri Krishna Janmashtami, also known as the Gokulashtami is celebrated in order to mark the appearance of the divine Lord Sri Krishna, the eighth avatar of Vishnu.

It was celebrated on the 24th of August this year at NHG with much pomp and splendour, and our school did not hesitate in keeping this tradition alive. The students from classes 5th to 10th participated in putting up wonderful performances, along with the help of the Values plus teachers, who mentored the students in order to bring out their talent to perform to the best of their ability. The programme began with the singing of kirtans. The teachers took great initiative in helping the students prepare for their performances, which included a melodious song by the students of grade 10, followed by the chanting of shlokas by the students of grade 9,

but the best part was yet to come. The skit, which was put together by the students of class 7 on the story of Shrutadeva and Bahulashva was enjoyed by all the students and teachers alike. The skit was extremely informative which showed that God is impartial and responds to devotion and prayers of a pure heart irrespective of caste, creed, and economic status. Last, but certainly not the least, there was a dance performed by the students of class 5. We all re-lived the celebrations of the divine appearance of the Lord, filling ourselves with gratitude and the goodness of the Lord Krishna within.



Principal's Interaction with Students of 10th Standard

When a person's experience is fortified by intelligence, industry and integrity, every word of that person becomes magical and motivating.

Students of grade 10 had a wonderful opportunity to attend a motivational and insightful talk by Principal, Ms. Niti Mahendra, NHG on 28th August 2019 in the school auditorium. The session began with student's experiencing calm and still mind by the practice of Bhramri Kriya, a powerful yogic exercise that makes one to concentrate better with intuitive perceptions.

Ms. Niti Mahendra explained the significance of Right Attitude to build one's personality holistically striking balance between academics, physical fitness and aesthetic domains. The talk focused on ways to make right choices when it comes to career selection and judicious use of social media. Citing instances, the speaker emphasized on significance of body and mind enrichment with regular physical exercise, yoga, cultivating positive thoughts and promoting harmony at home environment.

Coupled with biological facts on brain development patterns, release of endorphins, and elimination of toxins from body, the speaker enraptured the audience who absorbed the subtle message of leading life with positive attitude and taking parent's help to manage emotions effectively.

Ms. Niti explained how one can think divergently using intelligence as a tool to innovate and emphasized on the significance of research work which is always fuelled by logical and intelligent thought process. The speaker interestingly geared herself to various domains of personality development ranging from psychology, metaphysics such as aura enhancement to career development and academic excellence.

Talking on mistakes she asked the audience to constantly learn from their own and others mistakes which would refine their work efficiency. She reiterated that for problems in life, solutions are much bigger which usually remains unleashed.

The session concluded with all students reflecting their own potentials, attitudes and work silently as their day was enriched with words of wisdom to be cherished for long.



Terrace Gardening

A garden is a grand teacher. It teaches one patience, being careful and watchful; it teaches industry and thrift; above all it teaches entire trust.

Man sharing a vital link with all flora and fauna on earth is an undeniable truth. In today's world where apparently man has lost that connect with nature around him, bringing him closer to nature's beauty is extremely important. With an objective of making students develop a loving bond with plant life, terrace gardening initiative was undertaken on 1st Aug 2019 at NHG.

25 Green ambassadors of grade 8 to grade 10 actively participated in setting up the terrace garden with grow bags, pots, various plant saplings, vermicompost, seeds infused with love and enthusiasm to pave a way for new, tender plants to bloom. As many as 15 varieties of plant saplings /herbs such as cauliflower, beans, chillies, bramhi, ajwain, methi, and many more seeds were planted by the green ambassadors. The entire activity which involved hands in soil, head under sun made heart to experience the joy of being with nature, opening the way for young minds to embrace flora around us with more love.



The Rubik's Cube

"What do you do most commonly as a leisure activity?"

The response of many people to this question will be the Rubik's cube, without any hesitation. It is a puzzle, that looks like a challenge at a first glance but gradually becomes easier. The Rubik's cube has revolutionized leisure activities since its invention way back in 1974 by Erno Rubik, a Hungarian architect. It was first invented by him in the form of a 3x3 cube which is to date, the most popular form of the cube. Despite inventing the cube, it took Rubik 3 months of trial and error to solve the 3x3 Rubik's cube whereas nowadays many people can solve it within a minute without any frustration whatsoever.

Nowadays, the cube is not only used as a puzzle, but also to earn money and some amount of fame. The World Cube Association organizes various tournaments and competitions for cubing, the purpose of which is to scout the fastest cubers across various categories. Just like sportsmen, many people have gained careers out of their talent of speed-cubing, amplifying the interest of people in the Rubik's cube.

There are currently numerous variations of the Rubik's cube, such as the mirror cube, the 4x4, the Megamix, the 2x2, the Pyramix and many more that have skyrocketed the sales of companies making them. These days, there are so many people interested in cubes, that, when put together with the increasing number of variations, makes it an easy task to find someone who has mastered several cubes. The increasing popularity of the Rubik's cube is also accompanied by the increasing number of methods to solve the Rubik's cube. There are a variety of methods to solve the Rubik's cube like the Beginners method and the F2L.

Currently, Rubik's cubes are so popular in India that it isn't uncommon for us to see two or more people challenging each other to find out who is faster at solving one. Many of us also enjoy doing this. People are constantly trying to improvise on their timings and repeatedly practice new techniques which they learned from the Web or from their friends. This is scientifically proven to increase our potential in solving puzzles without our knowledge and it also improves neural connections.

The Rubik's cube has been undoubtedly been tried by most of us to just try it out or to quench the thirst of our competitive spirit by channeling it into this cube. Undoubtedly, the Rubik's cube has joined the array of games that have impressed multiple generations and, who knows, may continue to do so for much longer.



On the 24th of August 2019, Rohan Nair was invited to New Horizon Gurukul to talk about different career options, and how one could make a choice regarding which stream to take up. Rohan Nair, a student of grade 10 in Delhi Public School East, has made the process of selecting a career much easier. His company, Schuniversity and Sprinklebytes, help students make a clear decision on the profession they wish to take by connecting them to interact with mentors from that particular field.

A Talk by a Young Entrepreneur



Ishmita- 10th 'A'

His podcast, 'The Student Climb', with over 7 episodes featuring different mentors has helped students choose a career with the plethora of opportunities available. Rohan also gave proficient tips on how to start a business. Giving intricate details, stating that a good startup requires a good idea, Proof of Concept, and an equally good business model. We can discern how successful he is as he has had a meeting with prominent personalities like Zeeshan Ali, Narayana Murthy, Nikhil Arora and Brian Wilman among others, and has also given a talk about his accomplishments at IIT Madras. This session has benefitted the aspiring students of grade 10, to make sagacious choices that would propel their career in the right direction.

Launch of Fit India Movement -2019

"A strong body and mind is not made in comfort"

Physical fitness is an inevitable need of the current generation wherein lethargy has drastically replaced active lifestyle due to technological comforts.

New Horizon Gurukul took the initiative to join the launch of FIT INDIA MOVEMENT -2019 by Government of India through live web-cast in the school's auditorium. The colourful launch highlighted the regime of fitness through display of Indian martial arts from various Indian states, sports, dance and various physical activities of household chores in Indian homes.

The launch of FIT INDIA MOVEMENT coincided with the birthday of celebrated hockey champion, Dhyan Chand.

Addressing the nation Prime Minister Modi gave a clarion call to all citizens to rejuvenate themselves and make fitness as an integral and indispensable part of their lives. He continued that physical fitness will not only increase professional efficiency but also makes one to lead life with purpose and passion.

Students of NHG solemnly pledged to set targets and draft blueprints to make themselves fit in a defined -target time.

The session came to a close when teachers explained to students the vitality of physical fitness that leads to strength, agility and endurance with strong will power and passion as the driving force to achieve the set targets. Students joined Prime Minister Modi in repeating the catchy phrase, "Body fit hai to Mind hit ha" among a loud round of applause.



Gurukul's Achievements Galore !!!

Competition is a by-product of productive work, not its goal.

A creative man is motivated by the desire to achieve, not by the desire to beat others"

- » In Impressions -2019 hosted by DPS North, in Senior girls Dance competition, student group from NHG comprising of Sanjita Prakash 8C, Krishna Ajith 8A, Prajakta Sunil 8C, Tiara Sengupta 8E, Ishita Khandelwal 6H, Vaishnavi CH 7D, Vaishnavi Sridhar 9E, Rakshita A of 7D bagged the **first prize**.

In the cultural fest, Sadbhavana-2019, competition held at DPS, North on 2nd Aug 2019, students from NHG showcased their talent in Interschool Yoga Competition and won the following prizes:

- » In individual category, Nathania Lajji of 10C won the **second prize**.
- » In artistic yoga display, (junior category-1) Lavanya Choubey of 5B and Shaivi Pinalkumar Dave of 5 C bagged the **second prize**.
- » In Junior category-2 of Artistic yoga, Samyukta Mahadevan of 8F and Dhatri Kasyap of 8F won the **third prize** and in senior category Nathania L 10C and Anusha G 10C won **3rd prize**.



- » In Interschool literary Quiz held at Alpine Public school on 7th August 2019 Krishnanand PS 10th A and Lokeshwar E of 10th A bagged **1st**.
- » In theme based satirical skit "Satire so sweet", held in Alpine Public school NHG bagged the **first prize**. Nupur Kasyap 10 D, Mrinali Kashyap 10D, Kamala Iyer 10D, Mriduala Sharma 10 C were the **winners**.
- » Dvijh Jha of 10C, secured **3rd place** in public speaking competition- Way with words in the cultural fest at Alpine.
- » Satire so sweet -group at Alpine school Literary quiz and Public speaking **winners**.



Satire so sweet -group at Alpine school



Literary quiz and public speaking winner

IN NEW HORIZON GURUKUL CUP -2019

Students of NHG participated actively in various team games and in individual categories and won many laurels which are as follows;

- » In Badminton, U-12 category, Hardik Mohanty won the first prize; in U-14 girls category, Linesha Maya bagged **2nd prize** and in U-16 girls category, Shria Sundararajan of 10 C, secured the **third place**.



- » In U-15 Boys, Interschool Football tournament of NHG-Cup 2019, Gurukul team emerged as **winner**. The team included Jeevan Kartick 9C, Subhamaya Mohanty 9D, Siddharth N 9C, Ayush U 9D, Praneeth G 9C, Aditya Mishra 9C, Ayush Nair 9A, Aryeman Vashisth 9C, Vijay K 8A, and Prabhas R 9D.



- » In U-12 Boys Interschool Kabbadi, Gurukul team bagged the **winner's trophy**. The team included Aryan Raj 7A, Dheep Somaiah 7A, Akhil Chandra 7A, Vivaan Hegde 7A, Shreyak Burge 7A, Harsha S raju 7A, Yajath Pandey 6H, Raghav R 6A, Surya Tejas 7F, Garv Jardon 7G, Uday Kiran 4I, Druvin Reddy 5A.
- » In U-16 Girls Basketball, girls team of Gurukul bagged the **first prize**. Maahi S 10A, Prisha Bajaj 10B, Sania Naidu 10D, Srihita 10D, Yashita, Sermin Singh 9B, Divyatashri 9C, Sanjana R, Tanya M 9A, Nandika Manoj 9E, Aashna Ajit 9A
- » In U-13 Girls Volleyball tournament, Gurukul team emerged as **winners**. Team gurukul included Sinchana 7G, Aditi MS 7A, Nakshatra 7E, Harika Gowda 7G, Akansha 7G, Lavanya 6D, Vaishnavi 7F, Nandita 7G, Dimple Reddy 7G, Mishka 7G.



- » In U-16 Boys Basketball tournament, NHG team secured the **second place**. The team was comprised of SH Shreyas Shreenivas 10C, Aditya Raj Sharma 10B, Pranav Ratish 10C, Ayaan Rajesh 10B, Akshay Arun 9A, Saashwat S 9E, Pravarchith R M 9E, Pranav Eshwar 9A, Siddharth N 9C, Subhamaya M 9D, Ayush Nair 9A, Rakshit Vinod 10C, Rakshith Bolleneni 9E.
- » **On 17th August 2019, NHG participated in Volkfiesta organised by Deen's Academy.**
- » In Senior girls theme based dance competition (Broadway melody), NHG dance group bagged the **first prize**. Dance group included Saloni Sameer Paddalwar 8B, Manasvi Joshi 8B, Anushka Sharma 8B, Neha Anand 8B, Tanisha Mankad 8D, Rakshita A 7D, Tanvir A Bayi 8B, Shreya Goyal 8F and Lakshmi Kulkarni 6G.
- » In Junior girls category, Danspiration, NHG dance group won the **second prize**. The group included Anvesha Jain 3C, Shnaddhna S 5F, Diya Kamath 5F, Naga Hridya Bellari 5G, Joshith Reddy N 5A, Krithi K Ashawath 3A, Hridaya S Iyer 3A, Vaishnavi Nair 5B, Vaiga Verma 3H, Aashna Bhardwaj 5F.



At Heritage Art & Cultural Fest



Volkfiesta-2019, Deen's Academy

- » In Skit Competition named Deen's Playhouse where students were to enact and present Psychological Problems, NHG team won **3rd prize**. The team included – Ayaan R 10B, Gaurang B 10A, Chimayi 10 C, Amrita 10B, Ishmita Menon 10A, Snighda 10C, Nikita Amin 10B.



At Deen's Academy



At Shishya BEML, Happyfeet -team

- » In Volkfiesta's Poetry and Poster making Competition, NHG team won the **second prize**. The team comprised of Chinmayi D 10C, Medha G 10C, Megha S 10 B, Sneha 10C, and Nathania L 10C
- » In U-14 Boys Interschool Football Tournament held on 19th August 2019, Aditya Mishra of 9C was awarded the **Best Player title**.
- » In Sports fest 2019, in Gear International School, following prizes were won by students of Gurukul.
- » In U-12 Boys Doubles – Hardik Mohanty, 5F and Jaidev V, 4H, bagged the **second prize**
- » In U-14 Girls Doubles –Anvesha 7C and Maya L, 7A bagged the **second prize**.
- » **On 23rd August 2019, Shishya BEML school organised a interschool cultural fest.**
In interschool dance competition Gurukul Dance group won the **first prize**. The dance title "Happy feet" performed by gurukulites was based on theme Nature. The winners list includes – Nikita Amin
- » 10B, Achala Machani 10A, Aishni Mitra 10D, Keerthana Raghavan 10A, Nehal Jain 10C and Shruthika S 10D.
- » In word rush competition, Tanmay of 1H, bagged **3rd prize**.
- » Ananya of 3H and Ameya of 3D won **2nd prize** in creating Best out of waste.
- » Teena of 4H won **2nd Prize** in Rock the body event.
- » Akkshan Menon of 6G won 3rd prize in slogan Writing competition.
- » On 23rd August 2019, Kalautsav was hosted by Vagdevi Vilas School. Gurukulites proved their.
- » Mettle in various events which are mentioned below;
- » In Semiclassical Group dance, NHG dance group won the **first prize**. The group included.
- » Prajakta Ungawal 8A, Prakruthi Prakash 8F, Jahnvi C 9B, Samyukta Mahadevan 8F, Yaamini
- » Ramdas 8F, Sri Vaishnavi 7D, Rakshita A 7D, Lakshmi Kulkarni 6G, Krishna Ajith 8A and Tiara Sengupta 8F.
- » In Classical Group Singing, NHG won the first prize. Winners include Ananya Deshpande 10B, Hruthi Chowdhury 10B, Tara Ashrita 10A, Godha Manasa 8C, Akansha 10B, Manvita 9A, Prajwal D 10B and Nathania Lajji 10C
- » Shreya of 4E, bagged the first prize in colouring and painting competition.
- » In Rangoli competition, students of Gurukul bagged the **first prize**. The team included Akshaya 10B, Deepika 10B, Megha S 10B, Akansha 10B.
- » In drawing and painting competition, Sonia Badgeri 10A, bagged the **second prize**.



Kavya Koushik, IX D



Ishani Singh, IV A



Akanksha Singh, III A



Meera, VII E

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