

# New Horizon ಶುಕ್ರುಕು ಶುಕ್ರುಕು TIMES

ISSUE - 47

October - 2019



## सुधा सूक्ति

विद्वत्त्वं च नृपत्वं च  
नैव तुल्यं कदाचन ।  
स्वदेशे पूज्यते राजा  
विद्वान् सर्वत्र पूज्यते ॥

*Rulership and knowledge are not comparable any time. Because king gets respect from his own country where as knowledgeable person gets respect from everywhere.*

## EDUCARE - ENKINDLING THE LATENT GOODNESS

### Clay Balls in the Seashore

A man was exploring caves by the seashore. In one of them, he found a canvas bag containing a bunch of hardened clay balls. It seemed as though somebody had rolled clay balls and left them out in the sun to dry out. They didn't look anything great. Still, for some reason, he wanted to take them. And he did. As he walked on the shore, he kept throwing one ball after another into the sea, as far as his throw would reach. He hardly gave it any thought, until one of the clay balls slipped from his hand and fell down, cracking open. What did he see inside? A beautiful, precious stone!

Excitedly, the man started to break open the remaining clay balls. Each contained a precious stone. He found several precious jewels in the 20-odd remaining clay balls, which would easily fetch him thousands of dollars. Then it struck him that he had been walking for a long time. And he realized that he had perhaps thrown 50 or 60 clay balls, along with their buried treasures into the deep sea. Instead of just thousands of dollars, he could have taken home tens of thousands, had he not thrown away those balls!

This is what we do in our lives too. We look at some people, sometimes even ourselves, and tend to judge by external appearances. The outside doesn't always look beautiful or sparkling. And so at times we are unable to appreciate the person within.

We see the individual as 'less important' than someone more beautiful or fashionable or well known or well-off. But, we hardly take the time to discover the treasure hidden within the person.

There is certainly a treasure within every one of us. But, how can we unearth this? One, we can spend time to understand the person better. Two, we can pray to God, asking Him to reveal to us the true beauty within, just as He sees the person. It is only then that the clay would begin to peel away and the brilliant gem would start to dazzle.

Haven't we all heard that appearances are deceptive and that beauty lies in the eyes of the beholder? A person may look pleasant on the exterior, but might have highly negative qualities within. On the other hand, someone else might have a not-so-agreeable appearance but turn out to be an angel, full of compassion and warmth inside. Hence, it is certainly a mistake to decide about the nature of the person just based on the outward façade.

**"Inner charm is the genuine beauty"**

## BANDHAN - 2019

'Bandhan' -celebration of relationships and love of family was held on Saturday on 19th Oct'2019 with all our enthusiastic parents of primary classes. The event started with a traditional dance performance of Tamil Nadu, Pinnal Kolattam by teachers. Their dance rejuvenated the audience and filled them with energy, confidence and motivated them to give their performances with their heart.

Performances in Dancing Dazzlers' category was filled with exuberance in which parents and siblings of Grade 1 students performed. Few performances were in Theatre Folks and Songs category. Quiz and Tongue Twisters for the parents followed for which there were on spot registrations. Parents participated and enjoyed both the events. The winners of Quiz and Tongue Twisters were given goodies and all the participants for the different events were given certificates by our Principal Ms. Niti Mahendra and Coordinator Ms. Rajeshwari. The event 'Bandhan' concluded with yet another powerpacked performance of Garba and Dandiya by teachers.



## DIWALI CELEBRATIONS - 2019


Celebrations of festivals not only strengthens bonding between family and friends but also act as powerful means to understand our rich culture and synergy that one should have with society.

Diwali, the festival of lights, love and joy was celebrated with unquenchable enthusiasm and exuberance on 24th Oct 2019. The festive celebrations began with soulful prayer song invoking the blessings of Lord Ganesh followed by power-packed performances by teachers and students of NHG.

Lamps were lit by Ms. Sargam Manghnani, Director, NHG, Principal and students of grade 10 to symbolically mark the victory over darkness of ignorance and lethargy paving a way to ascend to an illumined arena of purity, wisdom and knowledge. It resonated with essence of Upanishad prayer, "Tamasomaa jyotir gamaya" (lead me from darkness to light).

Along with beautiful traditional folk dance of Punjab which was performed by teachers and students of NHG, semiclassical dances and lyrical contemporary performances by students of New Horizon PU college & New Horizon College of Management enthralled the audience. Ms. Niti Mahendra, Principal, NHG in her address to students, conveyed Diwali greetings to everyone and congratulated students for their excellent performances. The program came to a close with a lavish, sumptuous buffet dinner for all students and staff.





124/2, Bhoganhalli, Bellandur post,  
Behind New Horizon College of engineering,  
Bangalore 560103, India.  
Ph: 91 9900087732, 6364912810/11

**Admission Circular**  
FOR PLAYGROUP, NURSERY, LKG AND UKG  
FOR THE ACADEMIC YEAR 2020-21

Dear Parents, Hari Om!

Registration forms for admission for the academic year 2020-21 for PLAYGROUP, NURSERY, LKG & UKG can be downloaded from 5<sup>th</sup> September 2019 onwards from the website [www.newhorizonvidyamandir.in](http://www.newhorizonvidyamandir.in)

Filled in registration forms should be submitted at New Horizon Vidya Mandir only. The registration fee is Rs.500/-. Parents can take a tour of the campus after the submission of registration forms.

**The timings are: 9.00 am to 2.30 pm.**

Please submit the filled in registration form with the following enclosed:

1. The latest passport size photograph of the child
2. Photocopy of the birth certificate
3. Aadhar copy of the child

The child should have completed 1 year 10 months on 1<sup>st</sup> June 2020 for admission to Playgroup. For admission to Nursery, the child should have completed 2 years 6 months on 1<sup>st</sup> June 2020, for LKG and UKG the corresponding age will be considered.

Mrs. Usha Vasudevan  
Principal-NHVM

## A TOUR OF A LIFETIME TO PONDICHERRY

Travelling is a form of enlightenment; it isn't just merely visiting new places for the sake of joy and leisure but a great source of knowledge and real-world skills.

The train departed from Bangalore Central at 6:00 AM. After a five hours journey in the train, we arrived at Chennai and immediately boarded the buses to Mahabalipuram. After a long journey, the Blue Bay Resort greeted each one of us with a casual lunch after which next three hours was all about hanging out at the beach, engaging in a glamorous bonfire with roasted marshmallows, dances etc.

The second day began by leaving to Dakshin Chitra followed by a hilarious Tamil puppet show. Students participated in activities like totem and pot making, basket weaving etc. then followed the visit to The Madras Crocodile Bank Trust where there was a sight of live extraction of venom from snakes, different types of reptiles. The students headed back to the resort and spent time in leisure activities at the beach.

The third day began with a touch of spirituality by doing yoga and meditation early in the morning. Bidding a heart touching goodbye to Mahabalipuram, the trip led the students to the Shore Temple, the Panch Rathas and the Sea Shell Museum which was immensely beautiful. After reaching Pondicherry, the students headed for a tour around Pondicherry where there were beautiful buildings made by the French; The French Consulate, Gandhi Statue, Francois Dupleix, Sir Aurobindo Ashram, the Promenade beach etc. The students retreated back to the hotel and retired to bed after munching on to the hotel's delicacies.

The fourth day began in Auroville which is a part of town created by "The Mother" and Sir Aurobindo Ghosh. The visit to Matrimandir sent chills to everyone's spines with its golden globe. The visit to the Centre for Scientific Research at Auroville helped students learn about a special form of building material which is natural. Lunch was served in the Solar Kitchen after which the Sound Garden was awaiting the arrival of the students where they took part in an instrument making activity. After this amazing day, they left to the hotel and went to bed very soon. The last day of the trip began with everyone waking up at 5 AM in the morning and going to the Promenade Beach where most of them got their feet washed by the waves of the ocean. Bidding a depressing goodbye to Pondicherry, they packed their belongings and took a bus back to Chennai with some pizza. The six hours long journey in the train led the team back to Bangalore. This was a massively life changing experience in many aspects and the memories made will be relished by each one of us until the very end.



## GREEN OLYMPIAD EXAM - 2019

In creating awareness and sensitizing children on environmental issues, New Horizon Gurukul has always been in the forefront with various initiatives which are undertaken with a vision and insight. On 16th October 2019, Green Olympiad Examination was conducted by the school in association with TERI (The Energy and Resources Institute, New Delhi). 1700 students from grade 4 to grade 10 appeared for the exam. The exam helped in making students understand various environmental issues such as waste recycling, energy and wildlife conservation, ozone depletion, climate change, and alternate sources of energy.



## SEA CREATURES IN SCRIPTURES



This article will make you think about the vast treasure of knowledge that our ancestors had thousands of years ago and how there are discrepancies in some of the theories that modern science has put forth.

According to an Associated Press news release dated 30 June 2010, scientists in Peru unearthed the skull of a gigantic whale-eating fish, probably a Timingala. Ignorant of its place in scientific, historical literature, the "newly-discovered" species was named "leviathan melvillei" after Herman Melville, author of Moby Dick.

Vedic literatures such as Ramayana, Mahabharata, Bhagavad-gita, SrimadBhagavatam and other books often mention creatures like Makara, Timi, Timingala, Graha etc. which are unknown to the present generation. Because scientists are not able to gather enough information from the fossils found, they either ignore questions about these or call it a myth.

The etymology of the word 'Timingala': in Sanskrit 'timi' is the word for 'whale' and 'gala' means 'to swallow'. Thus Timingala literally means 'to swallow a whale' – not just to swallow, but to swallow in one huge bite!

While our scientists are still counting the number of species present on earth, our scriptures give accurate count of species living in this creation. Specifically, Padma Puran not only mentions the exact number of species, it even categorizes them as below.

jala jānava-lakṣāṇi // sthāvarālakṣa-vimśati  
kṛmayorudra-saṅkhyakāḥ // pakṣiṅāṁdaśa-lakṣaṇam  
triṅśal-lakṣāṇipaśavaḥ // catur-lakṣāṇimānuṣāḥ

"There are 900,000 species living in the water. There are also 2,000,000 non-moving living entities such as trees and plants. There are also 1,100,000 species of insects and reptiles. There are 1,000,000 species of birds. As far as quadrupeds are concerned there are 3,000,000 varieties and there are 400,000 human species."

We often come up with the names of Timingala and Makara when we take to the reading of scriptures. In the Bhagavad-gita (10.31), Lord Krishna says,

pavanaṁpavatāmasmi // rāmauṣastra-bhātāmaham  
jhañāāmakaraçāsmi // srotasāmasmijāhnavé

"I am Makara amongst all the aquatics, of purifiers I am the wind, of the wielders of weapons I am Rāma, of fishes I am the shark and of flowing rivers I am the Ganges.

The word 'Makara' is translated as shark for the ease of the reader, but the temple art in India generally depicts the Makara as being a combination of several wonderful animals. Such renderings show the Makara as having the jaws of crocodile, the trunk of an elephant, the tusks of a boar, the scales of a fish, the tail of a peacock and the eyes of a monkey.



## STUDENTS SOLAR AMBASSADORS WORKSHOP - 2019

Solar energy is the future of the world, there is a need to bring Energy Swaraj. The purpose of the Workshop is to lead the Global movement for Socio-economic development through affordable, Sustainable, reliable and complete energy access built on the foundation of localization.

Students Solar Ambassador Workshop, 2019 was conducted in Gurukul in association with the Department of Energy Science and Engineering, IIT Bombay on 2nd October, 2019 in NHG School Campus. 50 students from Grade V to X participated enthusiastically in this Mega Event and assembled Solar Lamp kits. It has been an exciting experience for facilitators as well as students which made students give a fresh avenue to introduce solar energy usage in a significant way.



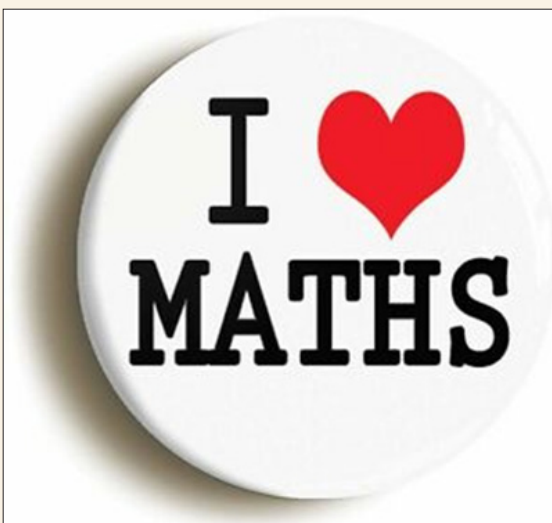
## A DAY AT 'WONDERLA'

United Nations Universal Children's Day is celebrated on November 20th each year to promote international togetherness, awareness among children worldwide, and improving children's welfare. Celebrations of Universal Children's day got its full swing when New Horizon Gurukul had organized a short trip of pleasure and amusement to Wonderla on 22nd and 23rd October 2019 for the students of classes V to X. It was a day they all were looking forward to, for moments of fun and enjoyment with their friends. They left the school by 9 a.m with their teachers and reached the destination by 11.00a.m.

Since they were very large in number, they divided themselves into groups of five to six each. Our adventurous kids suppressed their fear by screaming when they experienced high thrilling rides like – Roller Coaster, Wonderla Bamba, Maverick, Drop Zone, Hurricane etc. The fact that the rides are unlimited made them even happier. They enjoyed in their favorite rides a number of times. After exploring all the dry rides, they had their lunch in a restaurant inside Wonderla. The food was simply amazing. After lunch was even more excitement among the children – the water games. The swimming pool invited them for a thrilling splash. They spent hours together- splashing about, swimming, spraying water and just enjoying themselves. After hours of frolicking in the water, there were many rides to explore which were unending like the Water Pendulum, Lazy River, Wonder Splash, Twisters, Boomerang etc. The Wave Pool gave them feelings like a real beach. Time quickly flew by and they didn't realize that it was time to leave. They were all exhausted but still didn't stop themselves from enjoying the bus ride back to school.



## I LOVE MATHEMATICS



Mathematics has no definition. We can consider mathematics as 'the abstract science of number, quantity, and space'. It can be viewed either as a collection of abstract concepts (pure mathematics) or as applied to other disciplines such as physics and engineering (applied mathematics)'.

Basic math is used right from the moment we get up from our sleep every day for all activities in our day-to-day life. We cannot do without Math when we exercise, count our steps, cook, keep the time, drive, take a cab, pay for anything, lend/borrow money, play, master a game, start a business and want to calculate the best possible way to get a high-profit margin etcetera.

Math is a tool used to discover the way nature behaves and works through Physics. It is the building block of many things we use in our daily lives such as Artificial Intelligence, Machine Learning, Computers and Architecture. Predicting the weather would not be possible without math. Math is also used to study the changes and bring about changes in the economic conditions of the world. Modern-day technology would not be possible without math. Math is practically used in every career in some way.

We develop problem-solving skills by learning this subject. While solving any question or equation in math, we tend to find the shortest and simplest method to solve it. Solving a complex problem in the subject makes us go through all the different ways we could solve it, finally deciding on the correct and best one. This has helped me create a thought process where I always find the simplest solution to any problem in my life, primarily in programming.

Math has taught me to be inquisitive. I am critical about all my thoughts and actions and learning Math has led me to question the various things that happen around me; from how our universe works at the smallest scale to why our system is the way it is.

In math exams, we are required to show our thinking on paper, it may seem very annoying but it helps us put down our thoughts systematically, leading to the complete solution. Our thoughts become more disciplined and orderly. It helps us focus on the direction of our thoughts.

**Shreyas Sreenivasa, X C**

## VALUE OF THE MONTH - CLEANLINESS

Sanskrit term – शुद्धता (śaucaṁ)

“Cleanliness is the state or quality of being clean or being kept clean. There are two kinds of cleanliness: external and internal. External cleanliness means taking a bath, but for internal cleanliness one has to have good thoughts and offer prayers to Lord.”



## TRIP TO AREA 83

Field trips provide great avenues for experiential learning. Students of class 8 were taken on a field trip at Area 83, an adventure themed resort that focuses on bringing each one closer to mother nature.

On October 10th students set out to Area 83 accompanied by their teachers. The students waited with much anticipation for what was to come next. Upon reaching they were greeted by the personnel's who cheerfully accompanied them throughout the resort while briefly describing the itinerary. They had a beautiful spread for breakfast that comprised of Indian flavours from all over the country. The children later assembled at the large football ground and proceeded to perform various activities which required them to think as one and develop teamwork. These activities strengthened the bonds between them and made them more open minded.

The students were divided into small groups to experience all the scheduled activities and games at the resort. Ranging from human football to archery and even bubble football to a bone-chilling ride on the giant swing, the students were ecstatic. After a sumptuous lunch they had an opportunity to learn how to pitch a tent so that in the future if they were ever stuck in the wilderness they know how to do the same. The students immediately grasped on how to construct their tent and were soon done with the task. Here on, the children were welcomed to explore the park or join their other friends in the swimming pool. At the end of a brief dinner the students proceeded towards the campfire where they all danced and sang around the hearth with enthusiasm and joy.

Day two began with the same vigour and anticipation of what was to come next. The head staff of the resort led the students to the starting point and they left on to the arduous journey up the hill, packed with water and other supplies. The students were exposed to every aspect of nature. They were made to climb up rocky planes and down the steepest hills. The trek came to an end with a sumptuous breakfast rendering the students jubilant in having accomplished their task at hand. They were then taught a lesson on survival skills by a very experienced teacher. They gained valuable information, from learning how to assess a hazardous situation, to treating a patient in what little way they can. This knowledge would be retained with all of them for all the years to come. The students then set out on to a very challenging rope course that the students were able to surpass. They helped each other through this task and the true essence of team work was proved to all.

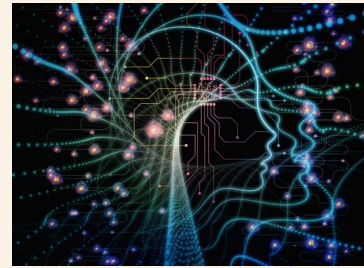


## THE MEASURE OF INTELLIGENCE IS THE ABILITY TO CHANGE

– **Albert Einstein**

Most people understand intelligence as the capability to gain knowledge, solve situations easily, to act in a determined way without any ambiguity and think rationally without any bias. This mental capability is useful in the practical manipulation of things and to face new challenges and problems. However, real intelligence is utilizing what one has learnt and changing oneself to adjust to new situations and solving new problems. If one wishes to be successful, he must face obstacles by changing himself to be able to face that issue. All great men and women have achieved phenomenal success following the principle of change. They reformed themselves according to the situations they were finding difficulty in changing.

Intelligence and change are two very different things. Intelligence may help you in life but change brings you higher. Did you know that **intelligence** come from the Latin word **intellegere** which means to understand? If you are not changing, then you are not growing, if you are not growing, you are not intelligent. Avoiding change reflects a misunderstanding of the human condition and human flourishing. If you have ever seen a river, you must have seen its twisted and meandering course, this is the best example of change. When a river flows, it flows around the objects that obstruct its path. Just like this every human being and animal must think of a way efficiently avoid or get rid of their perplexity. Even during the evolutionary process, only animals which had the ability to adapt quickly with their surroundings survived, animals such as dinosaurs were wiped out.



When we grow up from infancy to childhood, and childhood to adulthood, our habits slowly change. We can't envisage of ourselves keeping the same habit from when we were born till when we die. If life demands a change, let it be, don't stop. You never know if something good is on its way. Hundreds of years ago, almost everyone believed that the earth was at the center of the solar system, but some great minds such as Nicolaus Copernicus, Galileo, and Kepler did not think so. They changed from believing the previous theory to proving this by experimenting and observing. This change in them is why astronomy rose up to be such a big part of science. As the great philosopher Bertrand Russell said, "Fear is the main source of superstition, and one of the main sources of cruelty. To conquer fear is the beginning of wisdom", the main reason of superstition is fear that these misconceptions are true. When we change ourselves to conquer our fear for these delusions and move ahead with a positive mind and no fear in our mind, we start becoming more wise and intelligent. If one way of accomplishing something is not working, try another strategy or approach. Don't be stubborn. Learn to change and acclimate and you will be success full in whatever you do.

## ACHIEVEMENTS

Maahi Shetty was one of the top 18 players selected to participate in the 3rd NBA Academy India Women's Program Training Camp from all over India.

The NBA Academies Women's Program are elite development camps at the leagues academies for top female prospects. The players had been individually selected by the NBA based on their outstanding basketball skills and leadership abilities. They were coached by the WNBA Legends Jennifer Azzi, Ebony Hoffman and met other top level coaches.

All of them got an opportunity to attend the NBA India Games 2019 and meet the owner of Sacramento Kings, Mr. Vivek Ranadive.



Maahi Shetty, 10th C towards the goal

## ART CORNER



Charvy Thakkar, 5H



Asmee, 4H



Mythili, 8D



Priyanshi Sharma, 6A



Vasundhara, 3I

**Publisher:**  
Dr. Mohan Manghnani

**Editorial Board Members:**

Mr. Vishwanath. V  
Ms. Nirmala Varma  
Ms. Sangeeta Kolte  
Mr. Anand Kumar. L

**Student Editor:**

Ms. Ishmitha Menon  
Vijay Harsha

**Photographers:**

Mr. Prashanth Sahu  
Mr. Govind Bhandare