

SPIRITUAL NUTRITION



श्रीभगवानुवाच
लोकेऽस्मिन्निविधा निष्ठा पुरा प्रोक्ता मयानघ ।
ज्ञानयोगेन सांख्यानां कर्मयोगेन योगिनाम् ॥

śrī-bhagavānuvāca
loke 'smin dvi-vidhāniṣṭhā purāproktāmayānagha
jñāna-yogenasāṅkhyānāṁ karma-yogenayoginām

Bhagavad Gita - Chapter 3 text 3

The Supreme Personality of Godhead said: O Arjuna, I have already explained that there are two classes of men who try to realize the self. Some are inclined to understand it by philosophical speculation and others by devotional service.

MEMORIES OF AN INEFFABLE KIND

My passion for teaching is not merely a profession, but also a responsibility. In my opinion, education isn't just about educating children, but it's so much more! As a teacher, I believe my responsibilities stretch far beyond teaching and shape a student's personality, achievement, and learning.



As the COVID-19 pandemic continues to ravage the country, students, families, and teachers are navigating the brand-new normal of returning to school while much of the country is still under shelter. The impact that a teacher wields on every student lasts beyond the school years, influencing their perception of the world. A good teacher's impact is so strong that it enhances the students' abilities to become better and more literate citizens. With school reopening, new hopes are raised, this helps bridge the gap and improve performances.



In sharing my experiences with you, "I remember an exceptional incident involving a boy in my class. I was struck by his enthusiasm for the subject. As he had CCA every Friday, he cried every time he had to attend school. We encouraged him to speak up in class. Despite being shy, he tried, in measured steps and with much skill. I believed in him and gently pushed him to face what he found hardest to do -- speak in public. He won my trust, and I will never forget him." An ounce of genuine encouragement in class and positive reinforcement of small achievements definitely builds confidence and remains in sub-consciousness for a very long period. Henry Adams rightly said, "A teacher affects eternity; he can never tell where his influence stops."



Surekha, PRT

EDUCARE - Rekindling the latent goodness

Long ago, in China, there lived a big businessman whose business was to sell combs. Now that he was becoming old and about to retire, he wanted to handover the business into wise and able hands. So, he called forth his three sons and instructed them, that their assignment was to sell combs in the Buddhist monastery. The sons were shocked and confused because the monks in the monastery were bald and they never grew any hair. Anyhow, the three sons went about the job that was assigned to them.



After two days, the first son reported he had sold two combs. When the father asked how, he replied, that he instructed the monks that the comb would be a valuable tool for scratching their backs in case of itching.

The second son appeared later and told that he had sold ten combs by advising the monks that the combs would help their visitors and pilgrims to comb their hair before entering the monastery, as their hair might have ruffled during the journey to the monastery.

Then the third son came out with a surprising sales figure of a thousand combs. The father filled with happiness and anxiety asked him how he had achieved such a feat.

The third son replied that he gave the monks an idea. The idea was, that if some of the teachings of Buddha were to be printed/embossed on the comb and given as a takeaway gift to the visitors and pilgrims; they would remember the teachings of Buddha on a daily basis while combing their hair. This creative idea struck the deal.

The simple story above goes to show that, "Where there is a WILL, there is always a way". It is easy to refuse an opportunity or not give our best. But for one to succeed; one must always put in our best, sincere and creative efforts. One day we are sure to succeed.



(Affiliated to CBSE, Affiliation Number : 830395)

ADMISSION NOTICE SESSION 2022-23

Registration forms for **admission for the academic year 2022-2023** will be available on the website: www.newhorizongurukul.in

Parents seeking admission are requested to register online from **19th November 2021**

Registration fee ₹ 500 /- to be paid online.

Completed registration form along with the following documents must be submitted online

- The child's latest passport size photograph
- The child's birth certificate
- The child's/parent's Aadhaar Card.

The date of interaction will be intimated by the school shortly.

**FOR FURTHER DETAILS CONTACT:
+91 96633 97146**

NOTE:

- The child should have completed 5 years 8 months as on 1st June 2022 for admission to 1st Standard. For other classes the corresponding age will be considered for admission.
- The first priority is for siblings and alumni parents
- The number of seats available are limited. Admission granted on MERIT only.
- Admissions open for 1st & 2nd Standard only
- Admissions for higher grades are subject to vacancy.
- Admissions open for Playgroup, Nursery, LKG and UKG for further details visit www.newhorizonvidyamandir.in

Mob: +91 7338678756, Tel: 080 48147031/34/35
Ring Road, Near Marathalli, Behind New Horizon College of Engineering, Bengaluru. Pin-560103.
Email: admissions@newhorizongurukul.in | Website: www.newhorizongurukul.in



LEGEND OF FOOTBALL

Football has been more interesting than ever. Icons of the game rendering the newcomers. The youngsters establishing a name and of course the greatest names making themselves greater. Recently, Lionel Messi has won the 7th Ballon D'or of his career making his record larger to beat. While everyone had mixed feelings about this event, I believe there is an additional information to prove so. Coupled with winning his first international trophy and having the most goals to assist ratio in the 2020- 2021 season, he was extremely important to decide the fate of the teams he played for. Having broken 2 goal scoring records, he won the top scorer award in the La Liga and also won all the individual awards of the Copa America one can win. To conclude, Lionel Messi has very high chances to be the greatest player in the history of football.

-RB Kausik 9C

CAN WE OVERCOME ENERGY CRISIS IN FUTURE?????

Is there anyone among us who has not been tormented by a blast of smoke while in the thick of traffic? Are we expecting our future generations to be perpetually "masked" or are we thinking of "masking" the problem itself? They say, necessity is the mother of invention and history repeats itself. Anesthesia was discovered to relieve mankind from the horrors of pain. Likewise, is there a means to relieve us from the painful consequences of pollution, global warming, respiratory diseases and what not? Taking a trip down history's lane, Sir William Grove, translated his vision to reality, way back in the year 1838. Using basic elements like hydrogen in combination with air, a device to produce electricity was discovered. Called the "fuel cell" the device is currently being perceived as the energy source of the future recognizing the ever-growing threat to our planet posed by pollution. Using non-toxic gases and producing water as the by-product, the technology is also a "two-in-one" delight, powering the earth while producing water for use. In the best interest of our progeny and as a responsible society it behooves us to promote and adopt the fuel cell technology with increasing vigor.



Nivedita S, Physics teacher

RESPONSIBILITY

Responsibility refers to our ability to make decisions and execute them in a timely fashion, to the best of our capacity. The purpose may be to serve our own interests and at times, the interests of others.



Following the rules given by authority (parents, teachers, school, government etc.) is one example of human responsibility. Fulfilling our responsibilities gradually makes us more confident. We start believing and acknowledging the fact that we are 100% responsible for how our lives turn out. People in our lives will surely give us good advice, but actually motivating ourselves and getting into the act is only our responsibility. Once we learn to be responsible for ourselves we can gradually become responsible for others as well. It is the social force that binds us to obligations and the courses of action demanded by that force. People who take up social responsibilities become more trustworthy in their own eyes as well as for others.

Being responsible is neither too hard, nor too easy. Being responsible involves having some skills, a caring and open attitude, and a good sense of what we can and cannot practically achieve. So let us have clarity of mind and become more responsible.

YOUTUBE: REVOLUTION IN ADVERTISING



YouTube, as all of you know is a massive platform for making videos and creating content. What is less talked about is the revolution which YouTube has brought in advertisement. YouTube as a platform allows a company to reach consumers on an incalculably personal level.

YouTube as a company generates a majority of its revenue through allowing other companies to advertise on their platform which along with the \$15 billion dollars garnered in ad revenue in 2019 is a testament to the efficacy of advertising on YouTube. Advertising on YouTube has also allowed creators to gain a steady source of income as they earn a portion of the ad revenue generated when their video is watched. Let's go over some reasons;

Viewership: Viewership is basically the most important factor for advertising. YouTube currently has over 2 billion users, this means limitless potential for an ad to be seen.

Reach: Due to its mind-blowingly large user base, YouTube can reach a myriad of people be it your parents, siblings, relatives or friends. YouTube also shares highly useful data on users like watch history and search history, both allow companies to broadcast ever more relevant and useful ads to viewers.



Cost: Advertising on YouTube is extremely cheap, with one ad view costing about \$0.05 to \$0.10. This makes it accessible for even the smallest companies to grow their businesses through advertising on such a far-reaching platform.

Analytics: YouTube provides highly in-depth analytics to marketers, some data includes, time spent watching, the moment they clicked off and performance of the advertisement. These in-depth analytics provided by YouTube are essential to marketers for managing costs.

These factors allowed YouTube to revolutionize advertising into a more personal and effective venture for companies to grow, they also allowed YouTube into one of the biggest social media platforms on the planet.

-Divyesh Nath IX E

NEED OF THE HOUR: AN EDUCATION REVOLUTION

The origin of the education system dates back to the 1800s when the industrial revolution was in full swing and the East India Company started their business in India. The British were setting up an education system in India, they wanted it to be utilitarian and they needed clerks for their factories. This resulted in a majority of the focus on the STEM subjects as they never wanted a poet running around a factory.

No doubt the education in our country has improved over the last decades, but the need of the hour is a revolution and not evolution. There have been efforts to shift from rote learning but the fact is that more than half of the syllabus revolves around memorisation due to which most teachers have to labour and most students endure.

Human beings are naturally different and diverse, but "education" is based on conformity in a narrow spectrum of achievement. Children prosper best with a broad curriculum. For example, art speaks to a part of a child which is untouched, but as seen in most schools; currently art, dance or music are not even a part of senior grade children's curriculum.

Children from a very tender age are natural learners with their curiosity but in education, we have compliance instead of curiosity. A creative system is needed where teaching is not only the passing on of facts but also to mentor, provoke, stimulate, engage and so on.

Education shouldn't be a mechanical system and be a human and organic system to awaken and develop the power of creativity. This can be seen as many ideas of education are formed for and from the previous centuries and not the current years, due to this we are enthralled to linearity in education and this causes the system to be based on a model of fast-food chain which is standardised and compliant, unlike locally adapted restaurant which are utilitarian. Hence, we have to disenthral ourselves from the previous decades.

The revolution is needed instead of evolution and will need a large mass of people and no doubt influential personalities too. It is never wrong to question whether what you're learning is useful in life later on or not. This question is asked by millions of students every day, so let's stride forward to approach an answer to this question by remembering what Einstein once said, "Education is not the learning of facts but the training of the mind to think."

-Aaditya Tripathi, IX E



ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ



ಪ್ರತಿ ಕನ್ನಡಿಗನ, ಕರುನಾಡಿನ ಹೆಮ್ಮೆಯ ದಿನ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ. ಕ್ರಿ.ಶ.1947ರಲ್ಲಿ ಭಾರತ ದೇಶಕ್ಕೆ ಸ್ವಾತಂತ್ರ್ಯ ಬಂತು. ಅನಂತರ ಭಾರತ ಸರ್ಕಾರವು ಭಾಷಾವಾರು ಪ್ರಾಂತ್ಯಗಳ ರಚನೆಗೆ ನಿರ್ಧರಿಸಿತು. ಅದರಂತೆ ಬೇರೆ ಬೇರೆ ಪ್ರಾಂತ್ಯಗಳಲ್ಲಿ ಹಂಚಿಹೋಗಿದ್ದ ಕನ್ನಡಿಗರು ಕ್ರಿ.ಶ.1956ರ ನವೆಂಬರ್ 1 ರಂದು ಒಂದೇ ರಾಜ್ಯದ ಆಡಳಿತ ವ್ಯಾಪ್ತಿಗೆ ಬಂದರು. ಆಗ ಅದನ್ನು 'ಮೈಸೂರು ರಾಜ್ಯ' ಎಂದು ಕರೆಯಲಾಯಿತು. ಆದರೆ ಭಾಷಾವಾರು ಪ್ರಾಂತ್ಯಗಳ ರಚನೆಯ ಸಂದರ್ಭದಲ್ಲಿ ಆದ ಎಡವಟ್ಟುಗಳ ನಿಮಿತ್ತವಾಗಿ ಕನ್ನಡದ ಕೆಲವು ಭಾಗಗಳು ಈಗಲೂ ಹೊರಗಡೆಯೇ ಉಳಿದಿವೆ. ಮುಂದೆ ಕ್ರಿ.ಶ.1973ರ ನವೆಂಬರ್ 1 ರಂದು ಕನ್ನಡಿಗರೆಲ್ಲರ ಆಶಯದಂತೆ

ಮೈಸೂರು ರಾಜ್ಯವು 'ಕರ್ನಾಟಕ ರಾಜ್ಯ' ಎಂದು ಮರುನಾಮಕರಣ ಪಡೆಯಿತು. ಅಂದಿನಿಂದ ಪ್ರತಿ ಏಷಾಜ ನವೆಂಬರ್ 1ರಂದು ನಾಡಿನಾದ್ಯಂತ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಆಚರಿಸಲಾಗುತ್ತಿದೆ. ಈ ವರ್ಷ ನಾವು 66ನೇ ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವದ ಸಂಭ್ರಮದಲ್ಲಿದ್ದೇವೆ.

ಕನ್ನಡ ನಾಡಿನ ಮರುಹುಟ್ಟಿನ ದಿನವಾದ ನವೆಂಬರ್ 1ರಂದು ನಾಡಿನ ಸಮಸ್ತ ಜನತೆ ಯಾವುದೇ ಜಾತಿ, ಧರ್ಮ, ಪಂಥಗಳ ಬೇಧವಿಲ್ಲದೆ ಒಗ್ಗಟ್ಟಿನಿಂದ ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಆಚರಿಸುತ್ತಾರೆ. ಅರಿಶಿನ ಹಾಗೂ ಕುಂಕುಮದ ಸಂಕೇತವಾದ ಕರ್ನಾಟಕದ ಹಳದಿ ಕೆಂಪು ಮಿಶ್ರಿತ ಧ್ವಜವನ್ನು ಸರ್ಕಾರಿ ಕಚೇರಿ, ಕಂಪನಿಗಳು, ಶಾಲಾ-ಕಾಲೇಜುಗಳಲ್ಲಿ ಹಾರಿಸುತ್ತಾ, ಕುವೆಂಪು ರಚಿತ 'ಜಯ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ' ನಾಡಗೀತೆ ಸೇರಿದಂತೆ ನಾಡಿನ ಹಿರಿಮೆಯನ್ನು ಜಂಜನಿಸುವ ಗೀತೆಗಳ ಮೂಲಕ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಆಚರಿಸಲಾಗುತ್ತದೆ.

ಕನ್ನಡದ ಇತಿಹಾಸ, ಮಹತ್ವ, ಹೋರಾಟಗಳ ಬಗ್ಗೆ ಮುಂದಿನ ಪೀಳಿಗೆಗೆ ತಿಳಿಸುವ ಉದ್ದೇಶದಿಂದ ಹಾಗೂ ಕರ್ನಾಟಕದ ಏಕೀಕರಣಕ್ಕೆ ಹೋರಾಡಿದ ಮಹನೀಯರನ್ನು ಸ್ಮರಿಸುವ ಉದ್ದೇಶದಿಂದ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ ವು ಅತ್ಯಂತ ಮಹತ್ವವನ್ನು ಪಡೆದುಕೊಂಡಿದೆ. ಕನ್ನಡ ನಾಡಿನ ಮಹತ್ವವನ್ನು ಕನ್ನಡಿಗರು ಅರಿತಾಗ ಮಾತ್ರ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದ ಆಚರಣೆ ಸಾರ್ಥಕವಾಗುತ್ತದೆ.

||ಜೈ ಕರ್ನಾಟಕ ಮಾತೆ||

||ಸಿರಿಗನ್ನಡಂ ಗೆಲ್ಲಿ|| ||ಸಿರಿಗನ್ನಡಂ ಬಾಳ್ಗೆ||

ಲಾವಣ್ಯ ವಿರೇಶ್ ಸಾಜನ್
ಐನೇತರಗತಿ 'ಡಿ' ವಿಭಾಗ

सफलता की जननी संकल्प शक्ति-

कहते हैं, 'इंसान परिस्थितियों का दास होता है...लेकिन क्या ये सच है ? इतनी अद्भुत क्षमता और तीक्ष्ण बुद्धि वाला इंसान अगर परिस्थितियों के आगे घुटने टेक कर उसका दास बन जाए तो फिर इन क्षमताओं का क्या अर्थ ? फिर प्रकृति के अन्य जीवों और हममें क्या फर्क रह जाएगा? सही अर्थों में कहा जाए तो, इंसान परिस्थितियों का निर्मित भी है और निर्माता भी! निर्माता और निर्मित के इसी सफर के बीच हम अपना जीवन जीते हैं और इसी से तय होता है कि हमारा जीवन कितना साथक रहा या निरर्थक, हालात कैसे भी और कितने भी खराब क्यों न हों, जिंदगी हमेशा हमारे लिए विकल्प मौजूद रखती है, जिसे मुक़मल करने के लिए संकल्प की ज़रूरत होती है। हमारे सामने मौजूद विकल्प,संकल्प बन जाएगा या नहीं! ये हमारी इच्छाशक्ति और हमारे नज़रिए पर निर्भर करता है। कभी देखा है आपने! अमावश की रात ने सुबह के सूरज को न निकलने दिया हो ? हम जो दिल से चाहते हैं वो आसानी से नहीं मिलता क्योंकि उसके लिए कठिन संघर्ष की ज़रूरत होती है।जिन दिनों समुद्र की लंबाई-चौड़ाई एशिया के इर्द-गिर्द एक हजार मील तक मानी जाती थी और समुद्र को छोर हीन समझा जाता था, उन दिनों १८ वर्षीय कोलंबस की कल्पना अमेरिका तक जा पहुंची थी। पुर्तगालियों ने आश्रासन देकर उसके नक्शे चुरा लिए लेकिन उसने बुद्धिमत्तापूर्ण हल निकालते हुए, अमेरिका ढूंढ निकाला। इस दृढ़ निश्चय में खतरे-ही-खतरे होते हुए भी महत्वाकांक्षी का संकल्प रुका नहीं।उसने उस महाद्वीप के आवागमन का रास्ता खोज निकाला, जो इससे पूर्व अविज्ञात बना हुआ था इसलिए अपनी संकल्प शक्ति को हमेशा दृढ़ रखो और याद रखो-

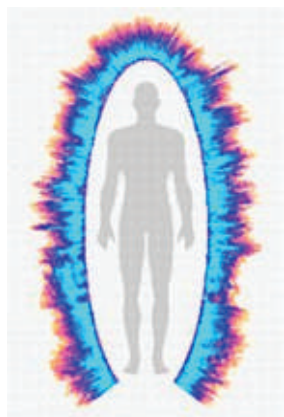
विकल्प बहुत मिलेंगे लक्ष्य से भटकाने के लिए,

मगर संकल्प दृढ़ रखना, सफलता पाने के लिए।

-श्रेया राठौर कक्षा-१०



AURA - THE SHIELD OF WELL BEING

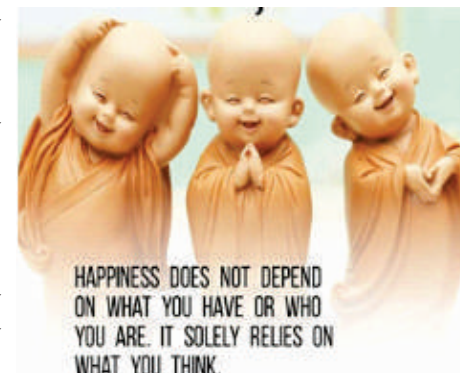


Aura is the electromagnetic field which stretches beyond the physical body that which is not visible to our naked eyes. It is believed that the physical manifestation of any disease happens only when there is an imbalance in the electromagnetic field called the aura. The most important factor that contributes to this imbalance is the emotional roller coaster that an individual goes through in his/ her daily life. The health of the aura of an individual majorly depends on the emotions that one feels in any given situation and in all the interactions that one has with the fellow human beings. One of the simplest way to have a healthy, balanced aura is to be happy always. Is it possible? Yes, of course it is possible.

Happiness is a state of mind. This state of mind is influenced and nourished by the way one thinks about oneself and others. In every situation and interactions, life presents itself with choices, which is to be happy or not to be happy. The choice that one makes, determines the radiance and health of the Aura. If one makes the choice to be happy always by thinking good, benevolent happy thoughts for oneself and others in all circumstances and with all interactions to strengthen the aura, it becomes one's

invisible shield of well-being.

One of the simplest tools that each one of us can practice to have the energy to think good, benevolent and happy thoughts is meditation. The essence of all different kinds of meditation is to calm one's mind which immensely contributes to a healthy aura. More and more scientific researchers are proving the effects of emotions and meditation on one's aura – the electromagnetic field.



Ms.Arul, Biology Teacher

ACHIEVEMENTS



C V DEEPTA

1. **C. V. DEEPTA**, grade 7E participated in Interschool Dance competition (Online Live event) conducted by Vydehi School of Excellence on 27th Nov. In Fusion dance category, she won 3rd prize.
2. **DHARSHAN VASUDEVAN** of grade 7 E, won the title of the 'Best Delegate' representing France in CCC at this year's conference. (MUN2021, organised by The International School, Bangalore)

Winners of Heritage Fest 2021, Organised by ISKCON, Bangalore are;



DHARSHAN V

3. **VIHAAN VIKAAS MASTUD**, grade IV C, bagged second prize in State level handwriting competition and third prize in Quiz contest (International level)
4. **SHRAVAN S**, grade IVE, bagged second prize in National level Quiz contest.
5. **BHAVIK G**, GRADE III A won the first prize in National level Handwriting competition.



VIHAAN V



SHRAVAN S



BHAVIK G



Aditi C, 1H



Sahana, 3D



Tanmay K, 3B



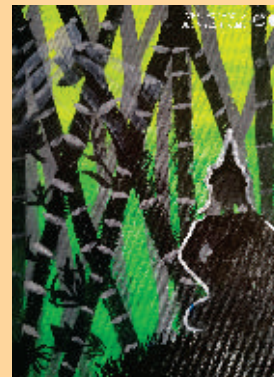
Rian Shah, 3G



Aadya H, 1B



Amuthini S, 7B



Tarunika, 6F

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