



योऽन्तःसुखोऽन्तरामस्तथान्तर्ज्योतिरेव यः ।
स योगी ब्रह्मनिर्वाणं ब्रह्मभूतोऽधिगच्छति ॥

yo 'ntah-sukho 'ntar-āramas tathāntar-jyotir eva yah
sa yogi brahma-nirvāṇaṁ brahma-bhūto 'dhigacchati
Bhagavad Gita - Chapter 5 text 24

One whose happiness is within, who is active within, who rejoices within and is illumined within, is actually the perfect mystic. He is liberated in the Supreme, and ultimately he attains the Supreme.

ASTONISHING VEDIC PREDICTIONS ABOUT OUR PRESENT AGE

There are also vivid predictions about the degradations that will occur in the Kali Yuga (the current age). Some of them are:

1. Food will be sold publicly in market places. (In the past, food was never sold; it was only given in charity. But now we have shops selling food items, almost on every street).
2. Only wealth will be considered as a sign of a person's good origin, correct behaviour and excellent quality. Law will be applied and justice will be bestowed based on only the power of the individual.
3. The success of a business venture will depend on deception.
4. A person's spiritual status is determined according to only external symbols. If a person does not have a prosperous life, his manners will be seriously questioned. A person who is very good at juggling will be considered a scholar.
5. A person without money is considered impious and hypocrisy is considered a virtue.
6. A sacred place will be considered only as a deposit located in the distance.
7. Only the external physical features will be the yardstick to measure beauty.
8. Filling the stomach will become the only goal of life.
9. A person who can provide for his family is a capable person, who obeys religious principles only for the sake of reputation.
10. Suffering from hunger and excessive taxes, people will leave the cities and run away to forests to eat leaves, roots, meat, wild honey, fruits, flowers and seeds.
11. Citizens will suffer significantly from wind, cold, snow, heat and rain. They will further be afflicted by hunger, thirst, disease and severe anxiety.
12. The longest life span of human beings in the age of Kali will be 50 years.
13. Men will no longer protect their ageing parents.
14. In Kaliyuga, even for a few coins, men will hate each other. By giving up all friendly relations, they will be willing to sacrifice their lives and even kill their loved ones for money.
15. When cows stop producing milk, they are abandoned or killed.

It is clear that all the above predictions have come true. We are actually seeing all these happen in front of our eyes.

If the Vedas are of mundane origin or only mythology, then how is it possible for them to state profound truths which modern science has only recently started discovering? And how can they make accurate predictions about future happenings?

The conclusion is unmistakably obvious: the Vedas are coming from a person who is all knowing, who knows the past, the present and the future. In other words, the Vedas are the words of God, absolute truth and so is infallible.

EDUCARE- CRITICISM AS AN USEFUL TOOL



Ole Bull was the famous Norwegian violinist of the past century.

His father, a chemist, sent him to the University to study for the ministry and forbade him to play his beloved violin. He promptly flunked out and devoted all his time and energy to the violin.

Unfortunately, though he had great ability, when he started his first concert tour, he was not well prepared.

In Italy a Milan newspaper critic wrote: "He is an untrained musician. If he be a diamond, he is certainly in the rough and unpolished."

Ole Bull could have reacted to that criticism in two ways....

1. He could have let it make him angry or
2. he could learn from it.

Fortunately, he chose the latter. He went to the newspaper office and asked to see the critic. The astounded editor introduced him to the old man. Ole spent the evening with the 70-year-old critic, asked about his faults, and sought the older man's advice on how to correct them.

Then he cancelled the rest of his tour, returned home, and spent the next six months studying under able teachers. He practiced hours upon hours to overcome his faults.

Finally, he returned to his concerts and, when only 26, became the sensation of Europe.

How a person reacts to criticism often means the difference between success and failure. Dealing with criticism positively is an important life skill.

How do we do it? Let us first understand that there are two types of criticism –constructive and destructive. Learning to recognize the difference between the two can help us deal with any criticism that we may receive.

Destructive or unjustified criticism, as the name suggests itself, is aimed to hurt you. It's often insensitivity of the person who criticizes and gives rise to anger and belligerence on the one criticized. It does not give any positive feedback and puts down the one criticized.

Constructive or valid criticism, on the other hand, can be construed to be useful feedback. No doubt it can also hurt you but it's easier to accept because it is aimed not only to point out your mistakes but also show you where and how improvements can be made. It can help you improve yourself rather than put you down.

"He has the right to criticize, who has the heart to help," Abraham Lincoln

The key is to have confidence in your abilities. With self-confidence, criticism isn't a threat. It's a useful tool.

Criticism may not be agreeable, but it is necessary. It fulfils the same function as pain in the human body. It calls attention to an unhealthy state of things.

—Wanda Gág

SKILLS BUILD PROGRAMME BY IBM

New Horizon Gurukul has collaborated with IBM for the SkillsBuild Program to train the students on various skills related to professionalism and technology. IBM Skills build programme provides an excellent learning platform for both students and educators. Edunet foundation has conducted four days' session for Gurukul students and teachers. The courses were Design thinking, Blockchain technology & Data Science, cyber security; Artificial Intelligence, IoT and cloud computing. The sessions were effectively planned to create interest in the students and to motivate them to learn more about these technologies. The students interacted with master trainers and the trainers were prompt in replying to their queries. The students have completed the courses on various topics offered under the programme. 16 students have completed the course on Blockchain and Data Science, 18 students have successfully completed the courses on AI & Cyber Security and Cloud Computing & IOT.

Cloud Computing & IOT	
Name of the Student	Grade
Ishaan Sai Jayanti	Grade IX
Ronit Kumar	Grade IX
Ishita Khandelwal	Grade IX
Shruti Jiddu	Grade IX
Shankar Chanchal	Grade IX
Parvathi Kolaprath	Grade IX
Chetan muniapalle	Grade X
Oviya Sudhakaran	Grade X
T Gautham Balaji	Grade X
Jaideep Prabish	Grade X
Dhanush Iyer	Grade X
Medha K Ganapathy	Grade X
Trishna Malkane	Grade X
Aryan Pillai	Grade X
Hriyankk Menon	Grade X
Pranav Radhakrishnan	Grade XI
Nichelle Sia Khushu	Grade XI
Ananya Arya	Grade XII

EVERY YEAR REPUBLIC DAY IS CELEBRATED IN INDIA ON 26TH JANUARY



Every year Republic Day is celebrated in India on 26th January with zeal and enthusiasm. Spectacular parades at Janpath, New Delhi, consisting the Indian National Army and national flag hoisting in various parts of the country are common practices followed on this day. It was this day in history in 1965 when Hindi was declared as the official language of India.

Significance of Republic Day : After attaining independence from the British rule, the new constitution was enrolled .The Indian Constitution came into effect on 26 January 1950, which declared India's occurrence as an independent republic. January 26th was chosen as the date because on this day in 1930, the Indian National Congress revealed Purna Swaraj, the declaration of India's independence from the colonial rule. Republic Day signifies the right spirit of Independent and individual India. The important symbols of the festival include the exhibition of military equipment, the national flag and military equipment.

How is it celebrated : Republic Day is celebrated all over India with great gratification and joy. It's a day to honour the Constitution of independent India. National flag hoisting in schools and colleges are regular. Cultural events advocating India's struggle for freedom is held countrywide. In New Delhi, the national flag is hoisted by the President of India at India Gate. The most magnificent of parades takes place at Rajpath, New Delhi. The parade is conducted by the Indian President and is arranged by the Ministry of Defence. Other than displaying its military prowess, the event also promotes India's diverse culture. The event also colonizes to the martyrs who have sacrificed their lives for the country. The Prime Minister of India honours the martyrs by putting a ringlet at the Amar Jawan Jyoti at India Gate. It is followed by a 21-gun salute, national flag hoisting, and national anthem. Awards are presented to the brave soldiers in the form of Paramvir Chakra, Ashok Chakra, and Vir Chakra. Even children and general citizens who have displayed courage in times of adversity are honoured with awards.

The winners of gallantry awards salute the President in military jeeps. This is followed by India's display of its military power. March-past by the armed forces, police, and National Cadet Corps also takes place with the President of India receiving the salute from different regiments. The parade comes to an end when the Indian Air Force fighter jets flypast Janpath. The celebration takes place all over the country, however, Delhi being the capital of India, witnesses the largest of Republic Day celebrations. Live Webcast of the Republic Day Parade is made accessible every year to millions of people who wish to view the parade over the Internet. After the event is over, the exclusive footage is made obtainable as 'video on demand'. Celebrations, though on a relatively smaller scale, are also held in all state capitals, where the Governor of the state unfurls the flag. Same celebrations are also held at district head quarters, subdivisions, talukas, and panchayats.

After all the celebrations are done the Beating The Retreat takes place which officially denotes the end of Republic Day festivities. Beating the Retreat ceremony is conducted on the evening of January 29, the third day after the Republic Day. The drummers also give a solo performance (known as the Drummer's Call). The bands march back playing a popular martial tune Saare Jahan Se Achcha. At exactly 6 pm, National Flag is lowered, and the National Anthem is sung, bringing the Republic Day celebrations to a formal end.

VOCABULARY WORD SEARCH

S	W	J	S	D	R	B	M	D	U	G	G	M	D
A	E	R	O	L	A	E	M	L	M	G	A	E	L
W	N	G	A	S	R	L	T	O	R	U	G	S	E
N	A	G	M	S	T	R	L	L	L	P	D	Q	B
A	D	E	E	U	M	L	E	R	A	P	B	U	I
O	N	S	A	O	D	U	E	V	A	F	A	E	B
R	U	E	N	L	A	G	L	R	Z	G	L	I	
E	M	E	D	A	R	A	P	U	S	S	L	P	
G	L	A	E	E	N	E	A	P	Q	O	R	S	V
G	A	A	R	Z	M	R	N	R	E	S	A	U	D
A	Q	E	U	I	A	A	T	M	F	R	V	O	R
W	U	L	L	B	U	A	A	L	P	W	A	F	T
S	V	U	L	N	E	R	A	B	L	E	U	N	E
S	L	P	E	G	R	E	G	I	O	U	S	G	N

VOCABULARY WORD JUMBLE

MEBILAA	_____	SILDAM	_____
ARVEW	_____	ORUUSAC	_____
YSHGTLA	_____	LDKIEN	_____
EPDSGATA	_____		
CAREF	_____		
EMSURT	_____		
GJGAED	_____		
GNSEROS	_____		

GRADUATION DAY

New Horizon Gurukul bids farewell to the outgoing batch of Grade- 10 and 12 of the academic year 2022-23 through the culmination of Graduation Day on 4th and 5th February,2023 respectively at the school quadrangle. The celebration for the days started as the clock strikes 5 in the evening with the students taking the most venerated Graduation Walk with our principal Ms. Sandhya Singh. The day not only officially bids adieu to the out-going batches but also celebrates the accomplishments and success stories of the students of previous academic year (2021-22).

The special day for the students became even more momentous because of the presence of our President Mr.Surya Bajaj & chief guests Sri Vighraha Dasa Prabhu & Mr.Venkatraman who have inspired the young minds with the anecdotes and experiences of their lives.

Saaswath Sundaresan of Grade-12 and Shri Vaishnavi Chimakurthi of Grade-10 emerged as the best outgoing students for the academic year-2022-23. Each of them has received a cash prize of 10000 rupees and a citation.

Vishnu Balachandar and Sinchana Chandrashekhar were awarded best sports person of the academic year 2022-23 boy and girl respectively from Grade-10. I Rahul and Neema Naveen Kini have been awarded best sports person of the academic year 2022-23 boy and girl respectively from Grade-12. Each of them has received a cash prize of 10000 rupees and a citation.

School toppers and all the individual subject toppers were awarded with cash prize and mementos. School topper of Grade-X, Prakruthi Prakash and Soham Amit Brahme the school topper of Grade-XII of the academic year 2021-22 were each rewarded with a cash prize of 10,000 rupees. Prakruthi Prakash has been also rewarded with the most prestigious 'Chairman Award' and cash prize of 10,000 rupees for her exemplary performance.

Apart from these, 5 subject toppers of English, 1 subject topper of Hindi, 1 subject topper of French, 10 subject toppers of Sanskrit, 2 subject toppers of Kannada, 26 subject toppers of Information Technology, 11 subject toppers of Mathematics, 6 subject toppers of Science,2 subject toppers of Social Science of Grade-X for the academic year 2021-22 were rewarded with a cash prize of 5000 rupees each.

Among the students of Grade 12 for the academic year 2021-22, 1 subject topper in English, 1 subject topper in Business Studies, 2 subject toppers in Accountancy, 2 subject toppers in Economics, 2 subject toppers in Chemistry,5 subject toppers in Physics, 2 subject toppers in Mathematics, 2 subject toppers in Biology, 1 subject topper in Psychology, 1 subject topper in Physical Education, 1 subject topper in Computer and I.P were rewarded with a cash prize of 5000 rupees each.

All the students were felicitated in the presence of their proud parents and as they sung the school song for one last time with great enthusiasm and happiness the glimpses of nostalgia, teary eyed faces were inevitable to go unnoticed. The stellar laser show and the scrumptious dinner on both days had lifted the spirits of the students and parents.



ACHIEVEMENTS

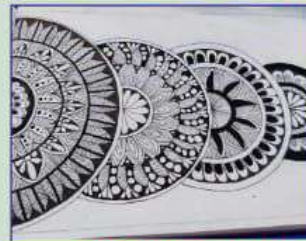


Our brilliant Gurukulite, Master Aarav anchMe of class 4G has achieved laurels for the school as he secured 1st place in the 6th Karnataka State Schools Chess Championships 2023.

Shaivi Pinalkumar Dave of of 8D participated in the CBSE National Gymnastics Championship 2022–23, which lasted from December 24th to 27th, 2022, in Hyderabad, Telangana, India. She competed in the artistic gymnastics event, representing New Horizon Gurukul. She bagged 2nd place and won a silver medal in the U14 category.



Art Corner



Send us your articles,
artwork or
ideas at :
gurukulimes.nhg@gmail.com

- ANSWERS (DECEMBER)**
1. An elephant's shadow.
 2. In the dictionary.
 3. There is no smoke – it is an electric train.
 4. A comb
 5. Breath
 6. There are no stairs in a one-story house.
 7. I am the barber.
 8. A sneeze.
 9. Saturn.
 10. Short.

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