

## KARGIL VIJAY DIVAS '23

"Either I will come back after hoisting the Tricolour, or I will come back wrapped in it, but I'll be back for sure." – Captain Vikram Batra.

Every year, on 26<sup>th</sup> July, we honour the heroes who proved that the spirit of India is indomitable. Let's always stand together and protect our nation's sovereignty. Happy Kargil Vijay Diwas! In the New Horizon Gurukul Quadrangle, celebrations of this day was inaugurated by our esteemed Chief Guest, Major Shubra. Major Shubra was the first woman officer in Counter Insurgency operations, Jammu and Kashmir, Kargil Operations, 1998.



श्रीभगवानुवाच  
ऊर्ध्वमूलमधःशाखमश्वत्थं प्राहुरव्ययम् ।  
छन्दांसि यस्य पर्णानि यस्तं वेद स वेदवित् ॥

śrī-bhagavān uvāca  
ūrdhva-mūlam adhaḥ-śākham aśvattham prāhura vyayam  
chandaṁsi yasya paṇāni yas taṁ veda sa veda-vit

Bhagavad Gita - Chapter 15 text 1

The Blessed Lord said: There is a banyan tree which has its roots upward and its branches down and whose leaves are the Vedic hymns. One who knows this tree is the knower of the Vedas.



The students of New Horizon Gurukul depicted the Kargil war most astoundingly, evoking a strong sense of patriotism in everyone gathered in the quadrangle. The Kargil war was portrayed through a bewildering skit and elegant dances, highlighting the sacrifices made by our brave soldiers for the protection of our nation. The show boasted incredible acting as the pain of the lost soldiers was embedded in our hearts. The performance concluded by showcasing how India stood at the success point of the Kargil war in the wake of several lives being relinquished. This was followed by the singing of the National Anthem by the choir group. The day ended with paying our utmost respects to all the soldiers standing at the borders, bearing the horrendous weather conditions so that we may sleep in our homes peacefully.

Deepthi Karthikayen, 12 C

## EDUCARE - rekindle the latent goodness



While conducting a seminar, a well-respected speaker caught the audience's attention with a hundred rupee note. He followed with a straightforward question - did anyone want the money? Everyone nodded. The speaker proceeded to crumple the note, followed by the same question. The response remained the same. Finally, he dropped the note on the floor and walked over it, his muddy shoes leaving an imprint. Again, he asked the same question and sure enough, every attendee shook their head. The speaker then revealed the reality of life - no matter what he did to the money, people would still want it because it will always be valuable.

Life regularly knocks us down to the point where we feel undeserving. However, failure doesn't erase our worth.



## THE RISING TIDE OF INDIAN FOOTBALL : A JOURNEY TOWARDS GLOBAL RECOGNITION

Indian football, once considered a sleeping giant, is finally awakening to its true potential on the global stage. With a rich history dating back over a century, football in India has experienced its fair share of challenges and setbacks. However, recent years have witnessed a remarkable resurgence, as the sport gains momentum and strives to carve out a prominent place among the world's footballing powerhouses.

Football academies and training centres have been established across the country to provide structured coaching and opportunities for young players to develop their skills. These initiatives aim to tap into India's vast youth population and create a pipeline of talented footballers who can represent the nation at various levels. The quality of coaching plays a pivotal role in honing the skills and abilities of players. Indian football has witnessed a concerted effort to improve the coaching standards across the country. Collaborations with international football federations and clubs have facilitated the exchange of knowledge and expertise, helping to enhance coaching methodologies. While Indian football has shown signs of progress and growth in recent years, there are still significant challenges that hinder its development.



The lack of consistent success on the international stage highlights the struggle of Indian football to establish itself as a competitive force in the global arena. These shortcomings bottle neck the need for sustained investment and infrastructure development to address the underlying issues plaguing Indian football.

**Darshit Singh Rajpurohit, X F**

### MAYHEM IN A MAN'S MIND



Men, a prime factor which run the society. The people who hold immense responsibilities of families. The ones who teach us football or tennis. The ones who teach us how to tie our shoelace. The ones who stayed outside the umbrella when the family couldn't fit under one. The ones who stay outside home for the whole day so their family doesn't have to go to bed with a grumbling stomach. The people who try to give their children the best education, belongings and what not. Tell me one, you say? The ones who sacrifice everything just to see a wrinkle on their child's face.

What goes on deep in their minds? What goes on in their minds when they're in this rush to provide and give?

**Chaos. Questions. Voices in their mind which confuse, hurt and do everything in between. Maybe more. I wish I knew but I'm grateful I don't.**

Yes, women have just started to be acquainted to their worth. They have just started to explore the endless career options. They have just started to not be the "good" down-to-earth girls who tolerated everything including disrespect. But while we are amongst these discussions and encouraging this new perspective, we most definitely should make sure that our men, who don't do anything less or more than before, haven't lost their respect as well. We have to make sure that they don't lose their comfort in this atmosphere

**Boys do not cry.** One thing you hear a lot. In fact, we hear it so much that the men of the societies have admitted it and accepted the untouched phrase. They do not open up a lot. Family pressure is something they struggle with but worse, not being able to share it with anyone because of the standards the society has set. **They are supposed to open doors for us and bring us flowers but what are WE supposed to do for them?** If a woman is having a problem with a man, it's a man's problem but if a man is having a problem in a relationship, that's also his problem. If they share their sorrows with their wives or sisters, they are not mature and if they don't, they don't give them time. The truth is, that **there are high demands and conditions given to man and he is accepted by the society only when he satisfies these.**

**However, we can make a change.** Think about your son or husband, brother, father, whoever. Have they ever forget cried, told you what was on their mind? Told you something that was bothering them? You would think they don't have anything to say. **Reminder that they aren't robots.** They themselves grew up in a society, trying to satisfy the standard the society held. You might just finish reading and go on with your day. But you would cross a mile by just giving a comfort space to whoever you're close to. Reassure them. *Give them the merry words they give you.* Ask them about their day. Literally strike up any conversation which portrays care.

Call up your dad or brother. Ask them about their day. Give them the reassurance even if they don't ask for it. Give them a little bit of your day and try to understand their hidden needs.

**-Ishika Shah, 10E**

### RAGAS AND REMEDIES

"Music is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination, and charm and gaiety to life and to everything."



We all have at least one song that triggers us emotionally. This has inspired scientists to look into its therapeutic benefits. Given our profound connection to music, it's no surprise that multiple studies have found that it helps improve our mental and physical health. Neural research shows that 72 ragas can control 72 nerves in the human body. Ragas Ahir Bhairav and Todi are prescribed for patients suffering from hypertension. Carnatic ragas like Punnagavarali and Sahana are used to calm the mind and control anger.

It is considered that ragas represent certain moods. For instance, Raga Pooriya Dhanashri conjures a sweet, deep, heavy, cloudy and stable state of mind. Kafi Raga evokes a humid, soothing, and profound atmosphere. Ragas heal when rendered correctly; at the right pitch and right time. Every single note has immense strength There is no doubt that we have a much deeper relationship with music than an emotional one, according to the studies carried out to date. So, the next time your favourite song comes on, dance around a little, knowing that you will likely receive health benefits.

**Mahashri G, 11 C**



## THE OCEAN OF E-COMMERCE

E-commerce or electronic commerce is the activity of buying or selling of products on online services or over the Internet. E-commerce has deeply affected our daily lives but, it might surprise you that E-commerce existed long before Amazon.

In 1976, Atalla Technovation and Bunker Ramo Corporation introduced products designed for secure online transaction processing, intended for financial institutions. Michael Aldrich's invention, the idea involved hooking a television to their supermarket to have them deliver the groceries. Aldrich coined his invention "teleshopping", which can be seen as the precursor for modern online shopping. In 1982, France launched Minitel, an online service. By 1997, over 7 million homes had Minitel terminals. It was popular before falling out of favor after the success of the internet three years later. In the mid-90s, there were major advancements in the commercial use of the Internet.



One of the first E-commerce sites was Amazon, which started in 1995 as an online bookstore but, grew to become the largest online retailer in the world.

Amazon, being an online only store without physical limitations, was able to offer exponentially more products to the shopper. Amazon's range has expanded over the years and now includes music, video downloads, electronics, apparel, furniture, food, and toys. With the rise of Amazon many other brands started emerging.

E-commerce brings ease to both the customer and the business. With a wide reach it becomes one of the easiest and fastest ways of conducting business. It is a cost-effective method as there is no need for a physical store front. The Covid Pandemic helped greatly in the growth of e-commerce helping it hit \$5 trillion in revenue. Governments are taking up online methods to provide services easily. Many brands are taking up online stores so their products can be accessed by anyone anywhere. E-commerce started as a humble stream with not many options, now it is a vast ocean filled with variety. So, it is safe to say that E-commerce is our future.

Dhriti Dhulipudi, 12 C

### Colours of Nature

Emerald meadows, a carpet of green,  
Nature's beauty, a peaceful scene.  
Rosy blossoms, fragile and fair,  
Fragrant petals, happiness in the air.

Mellow yellow, a delightful embrace,  
Sunflowers dancing, spreading grace.  
Violet midnight, a spiritual sight,  
Where dreams take place in the fading light.

From depths of the ocean's blue,  
To the fiery orange, blazing through.  
Colours intertwine harmony in sight,  
Colouring nature, what a delight.

Golden sun, a vibrant gleam,  
Portraying life's precious dream.  
For the palette of life's wonderful art,  
Colours paint emotions, with feelings in our heart.

Adarsh, 9D



## ಗುರು ಪೂರ್ಣಿಮೆ



"ಗುರುವಿನ ಗುಲಾಮನಾಗುವ ತನಕ ದೊರೆಯದಣ್ಣು ಮುಕುತಿ"  
"ಗುರುಬ್ರಹ್ಮ ಗುರುವಿಷ್ಣು ಗುರುದೇವೋ ಮಹೇಶ್ವರ |  
ಗುರುಸಾಕ್ಷತ್ ಪರಬ್ರಹ್ಮ ತಸ್ಮೈ ಶ್ರೀ ಗುರುವೇ ನಮಃ"

ಗುರುವಿಗೆ ದೇವರ ಸ್ಥಾನವನ್ನು ಕೊಡಲಾಗಿದೆ. ಗುರುವನ್ನು ದೇವರಿಗೆ ಹೋಲಿಸಿ ಪೂಜ್ಯ ಸ್ಥಾನವನ್ನು ನೀಡಲಾಗಿದೆ. ಈ ಪೂಜ್ಯ ಗುರುವಿಗೆ ಕೃತಜ್ಞತೆ ಹೇಳಲು ನಾವೆಲ್ಲಾ ಗುರು ಪೂರ್ಣಿಮೆಯನ್ನು ಆಚರಿಸುತ್ತೇವೆ.

ಆಷಾಢ ಮಾಸದಲ್ಲಿ ಆಚರಿಸಲಾಗುವ ಹುಣ್ಣಿಮೆಯನ್ನು ಗುರುಪೂರ್ಣಿಮೆ ಎಂದು ಕರೆಯಲಾಗುತ್ತದೆ. ಈ ದಿನ ಮಹರ್ಷಿ ವೇದವ್ಯಾಸರು ಜನಿಸಿದ್ದರು ಎಂದು ಹೇಳಲಾಗಿದೆ. ಆದ್ದರಿಂದ ಗುರುಪೂರ್ಣಿಮೆಯನ್ನು ವ್ಯಾಸ ಪೂರ್ಣಿಮೆ ಎಂದೂ ಕರೆಯಲಾಗುತ್ತದೆ.

ಈ ದಿನ ಗೌತಮ ಬುದ್ಧನು ಉತ್ತರ ಪ್ರದೇಶದ ಸಾರನಾಥದಲ್ಲಿ ತನ್ನ ಪ್ರಥಮ ಧರ್ಮೋಪದೇಶ ನೀಡಿದ. ಯೋಗ ಸಂಪ್ರದಾಯದಲ್ಲಿ ಶಿವನು ಸಪ್ತರ್ಷಿಗಳಿಗೆ ಯೋಗ ವಿಧಿಯನ್ನು ಧಾರೆಯೆರೆದು ಪ್ರಥಮ ಗುರುವಾದ ದಿನವಾಗಿದೆ.

ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಗಳಾದ ಶಾಲಾ, ಕಾಲೇಜುಗಳಲ್ಲಿ ಗುರುಪೂರ್ಣಿಮೆಯನ್ನು ಶಿಕ್ಷಕರಿಗೆ ಗುರುವಂದನೆಯನ್ನು ಸಲ್ಲಿಸುವ ಮೂಲಕ ಆಚರಿಸಲಾಗುತ್ತದೆ.

ಮುಂದೆ ಗುರಿ, ಹಿಂದೆ ಗುರುವಿದ್ದರೆ ಜಯ ನಮ್ಮದೇ.... ಈ ಜಯಕ್ಕೆ ಕಾರಣೇಭೂತರಾದ ನನ್ನೆಲ್ಲಾ ಗುರುಗಳಿಗೆ ಗುರುಪೂರ್ಣಿಮೆಯ ಶುಭಾಶಯಗಳು.

ಅಶಾಂತ್ಯಾ

ಏಳನೇ ತರಗತಿ 'ಇ' ವಿಭಾಗ

## नहीं चिड़िया की समझदारी

एक बार की बात है एक बड़े से जंगल में एक चिड़िया रहती थी, जिसने अपने साहस और बुद्धिमानी से छोटे बड़े सभी जानवरों और पक्षियों को इकट्ठा कर एक भयंकर दुविधा का सामना किया। एक बार एक घने और बड़े जंगल में आग लग गयी तब सभी जानवर घबरा कर यहाँ-वहाँ भागने लगे। पूरे जंगल में अफ़रा-तफ़री मच गयी। सब अपनी जान बचाकर जंगल छोड़कर भागना चाहते थे। तभी एक नहीं मी चिड़िया ने यह सब देखा तो वह हैरान रह गयी कि आग तो कोई बुझा नहीं रहा, बस सब भाग रहे हैं। वो फ़ौरन पास की नदी पर गयी और अपनी



छोटी- सी चोंच में पानी भर लायी और जलती आग पर फ़ेंक दिया। इन्ही तरह उसने ना जाने कितने चक्कर लगाए। बार-बार वो जाती अपनी चोंच को पानी से भरती और आग के ऊपर फ़ेंक देती। यह सब कुछ और जानवर भी देख रहे थे। वो सब चिड़िया पर हँस रहे थे और कह रहे थे चिड़िया रानी, तुम्हारे इस चोंच भर पानी से आग नहीं बुझेगी, तुम तो अपनी जान बचाओ और भाग

लो। तब चिड़िया ने जवाब दिया "अरे, भाग तो मैं भी सकती हूँ तुम डरपोक जानवरों की तरह, पर मैं तो आग बुझाने की कोशिश करती रहूँगी अपना जंगल बचाने के लिए।" चिड़िया की बात सुन सबका सर शर्म से झुक गया। तब सबने मिलकर भागते हुए अन्य जानवरों और पक्षियों को रोक्कर समझाया और फिर सबने मिलकर नदी के पानी से जंगल में लगी आग पर काढ़ पा लिया। शिवा- बुरे बर्तत में साहस और बुद्धिमता से काम लो तो जीत अवश्य होगी।

Rishaan Mather, V G

## C'CRACK IT - TALK IT - WALK IT



ANSWER:  
1. DOWN: A, N, K, I, R, T, A, N, A  
2. DOWN: A, N, K, I, R, T, A, N, A  
3. DOWN: A, N, K, I, R, T, A, N, A  
4. DOWN: A, N, K, I, R, T, A, N, A  
5. DOWN: A, N, K, I, R, T, A, N, A  
6. DOWN: A, N, K, I, R, T, A, N, A  
7. DOWN: A, N, K, I, R, T, A, N, A  
8. DOWN: A, N, K, I, R, T, A, N, A  
9. DOWN: A, N, K, I, R, T, A, N, A  
10. DOWN: A, N, K, I, R, T, A, N, A

SOURCE:  
1. PANGLOSS  
2. PANGLOSS  
3. PANGLOSS  
4. PANGLOSS  
5. PANGLOSS  
6. PANGLOSS  
7. PANGLOSS  
8. PANGLOSS  
9. PANGLOSS  
10. PANGLOSS

NIE



**ACHIEVEMENTS**



New Horizon Gurukul takes pride in announcing the winners of highly anticipated competition- Spell Bee International level 4. These winners demonstrated their exceptional spelling skills and secured a well-deserved position. The winners were awarded with trophies, certificates and a set of some splendid books.

S.No	Name	Class & Section	Position
1.	Nishanth Ramkumar	2 C	1st
2.	Prarthana Jyoti Anand	6 A	3rd
3.	Vihan Vikas Mastud	6 D	3rd
4.	Nehal Chourasia	8 C	5th
5.	Navraj Sood	3 D	6th
6.	Ritwik Biswas	5 C	9th
7.	Darshini Sola	9 C	9th

Aditri Aaradhya Moharana from class 3 C participated in various Olympiads and was awarded with medals and certificates for her outstanding performances.

S.NO	EXAM	RANK	MEDAL
1.	IMO	1 (ZONAL)	ZONAL MEDAL
2.	SMART KID GK OLYMPIAD	1 (ZONAL)	ZONAL MEDAL
3.	INTERNATIONAL OLYMPIAD OF ENGLISH LANGUAGE	1 (ZONAL)	ZONAL MEDAL
4.	INTERNATIONAL INFORMATION OLYMPIAD	1 (CLASS TOPPER)	CLASS TOPPER MEDAL
5.	INTERNATIONAL OLYMPIAD OF SCIENCE	1 (ZONAL)	ZONAL MEDAL
6.	IEO	2(INTERNATIONAL)	SILVER MEDAL
7.	NSO	12 (ZONAL)	DISTINCTION (AT ZONAL LEVEL)
8.	LOGIQIDS INTERNATIONAL MENTAL APTITUDE OLYMPIAD	2(INTERNATIONAL)	



**ACHIEVERS**

in VALOUR'23 by Gear Innovative International School



New Horizon Gurukul extends it's heartfelt congratulations to the participants of Valour fest 2023, an event organised by Gear International School, for showcasing the unwavering determination, skills and sportsmanship. Our Gurukulites have made us proud again by winning in various categories.

Name of the competition	Name of the participants	Position
Badminton U-14	Hardhik Mohanty	Winner
Badminton U-12	Aditya Joshi	Runners-up
Badminton U-16 doubles	Hardhik and Ananthan	Runners-up
Chess Open Category U-18	Anantha, Nilay, Aarav & Shashank	Winner
Basketball U-18 (Girls)	Advika Jha, Anushka, Udaya V, Anvi Sahoo, Riyana R, Sri Nithya, Dhriti K, Beas Kundu, Khyati M, Sradha Suman, Anvita Anand, Harini	Runners-up

**Art Corner**



Aditya Varshney, 5H



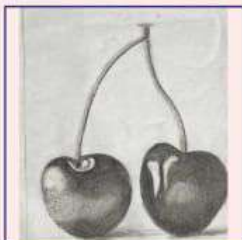
Anvesha 5E



Shivani 6H



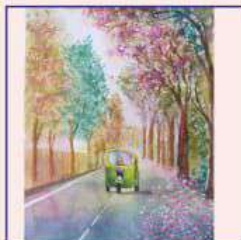
Apeksha Rao 6C



Harshith 6A



Subhechha Das 2J



Prakriti 7F



Swarit 5H

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