

## HERITAGE TOUR MEMORIES

On the 26th of September, our heritage tour to Mangalore, Udupi, Murdeshwar and Dharmasthala. Our teachers, the Values Plus team, and "Varundeva" accompanied us, ensuring the smooth sailing of the incredible journey, blending both entertainment and education harmoniously. One of the best experiences was the morning beach walk and the sea walk, during which we were able to play on the beach and have a great time. Some of the beaches we visited were Panambur Beach, Kaup Beach, and many more. We visited many temples like the Kudroli Temple, Sri Krishna Temple, Anegudde Vinayaka Temple, Murdeshwar Temple, and the Manjunatha Temple. We also learned about the rich heritage that lay latent behind these magnificent places of worship.



उद्धरेदात्मनात्मानं नात्मानमवसादयेत् ।  
आत्मैव ह्यात्मनो बन्धुरात्मैव रिपुरात्मनः ॥

uddharedātmanātmānaṁ nātmanamavasādayet  
ātmaivahyātmanobandhur ātmaivaripurātmanah  
Bhagavad Gita - Chapter 6 text 5

One must deliver himself with the help of his mind, and not degrade himself. The mind is the friend of the conditioned soul, and his enemy as well.

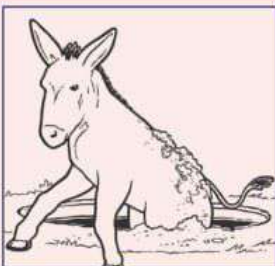


During our trip, we had the opportunity to visit the Kalbavi Cashew Factory where we had the opportunity to learn a lot about cashews and their production. We visited the Pabas Ice Cream where everyone enjoyed various kinds of ice cream like Gadbad, Chocolava cake with ice cream, Milkshakes, Fries, and many more. The teachers arranged both a game night and a DJ night for us, which turned out to be a blast. Everyone had a great time, dancing to the DJ's music all night long. Although we were sad that the trip had come to an end, we cherished every moment of it until the very last minute. We will always remember this trip. Thanks to our school, New Horizon Gurukul for organizing such an amazing and a memorable trip.

Sommya Shreya, 10 B

## EDUCARE - rekindle your latent goodness

### Shake it Off and Step Up



A farmer's donkey fell into an abandoned well. Despite the farmer's efforts, he couldn't rescue the old animal and decided to fill the well to prevent future losses. He invited his neighbours to help him. They all grabbed shovels and began to throw dirt into the well. At first, when the donkey realized he was being buried alive, he cried horribly. A few shovel loads later, the farmer looked down the well and was astonished at what he saw. With each shovel of dirt that hit the donkey's back, the donkey would shake it off and step up. As the farmer and his neighbours continued to throw dirt on top of the animal, he would shake it off and take another step up. Soon everyone was amazed as the donkey stepped up over the edge of the well and happily trotted off!

Life is going to throw dirt your way and attempt to bury you. However, no one ever gets out of life's wells by giving up! Shake the dirt off and take a step up!

## BOOSTING INDIA'S FINANCIAL LITERACY FOR GROWTH

Financial literacy, the knowledge and skills needed to manage money effectively, is vital for India's development. It offers a way out of poverty, promotes financial inclusion, and contributes to the nation's progress. A study by the Securities and Exchange Board of India (SEBI) reveals a concerning truth: only 27% of Indians are financially literate. This leaves most of the population without the ability to make wise financial decisions, resulting in overspending, insufficient saving, overborrowing, susceptibility to fraud, and ignoring risk.

Financial literacy can address key socio-economic issues in India:

- 1. Financial Inclusion:** It enables people to access and use financial services, fostering savings, wealth creation, risk mitigation, and credit access. India has one of the world's largest unbanked populations, around 190 million adults. Financial literacy can bridge this gap and promote inclusion.
- 2. Poverty Reduction:** By learning effective money management, individuals, especially in rural areas, can improve their financial well-being, breaking the cycle of poverty. It also enhances access to government services and support, improving their quality of life.
- 3. Economic Growth:** Financial literacy can contribute to India's economic growth by increasing public participation and inclusion. It boosts savings and investments, offering capital for productive ventures. It also promotes entrepreneurship, job creation, and wealth generation.

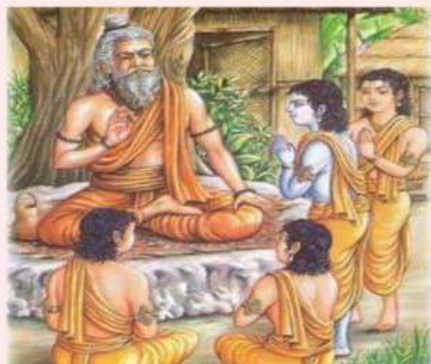
By improving financial literacy, Indians can make informed financial decisions and secure their financial future, fostering individual and national growth.

-Harshit Raj Mishra, X F



## INNOVATION IN EDUCATIONAL PEDAGOGY

What exactly does 'pedagogy' mean? We can say that pedagogy is a word that defines the method and practice of teaching; more particularly concerning an academic subject. It is the study of how knowledge and skills are imparted in an educational context.



The way we learn our concepts in the modern era has transformed drastically. In India, age-old education focused on imparting ethics like humility, truthfulness, discipline, self-reliance, and respect for all creations to the students. The education was mostly imparted in ashrams, gurukuls, and temples. It had sort of a charm and uniqueness that most likely could not have been found anywhere else.

We have evolved quite a lot from those days, and because of the constant rise in innovation in the technological sector, the number of new ways of teaching has increased substantially. At this point, almost all teachers aid their teaching methods with digital sources like videos, images, and so on. These have grown in popularity, especially after the pandemic had everyone turn to online sources for their education.

Technology has been the star of the show when it comes to what factor has contributed the most to the evolution of educational pedagogy. Nowadays, teaching methods must be innovated to provide a personalized approach that caters to the unique needs of each student. Moreover, project-based learning is also quite popular as it engages the students in active research on respective subjects therefore making them dive deeper into the concept and start viewing it as an idea of interest rather than a burden.



In conclusion, the evolving goal of global education systems is to utilize technology wisely, reshape students' perceptions of learning, promote open-ended discussions, facilitate peer collaboration, implement inquiry-based learning, and create flexible classroom environments. This transformation represents a promising future for education.

Ananya Abhilash, 11 A

## LIGHT POLLUTION: SHEDDING LIGHT ON THE DARK SIDE OF ILLUMINATION



In the urban landscape of modern society, a new type of pollution has emerged, silently encroaching on the serenity of the night: light pollution. This environmental issue, often overlooked, has far-reaching implications for both the natural world and human well-being. The excessive and misdirected artificial light, intended to illuminate our cities and roads, inadvertently disrupts the delicate balance of ecosystems and human health.

One of the consequences of light pollution is its disruptive impact on wildlife. Nocturnal animals rely on darkness for hunting, reproduction, and navigation. Artificial light can confuse their circadian rhythms, leading to behavioral changes, altered migration patterns, and decreased reproductive success. Light pollution also disrupts the life cycle of various plant species, affecting their growth and flowering patterns.

Moreover, the human cost of light pollution cannot be understated. It disturbs the natural day-night cycle, leading to disruptions in sleep patterns and potential health risks, including increased stress, fatigue, and even certain types of cancer. Astronomers face challenges in observing the stars and celestial bodies, as light pollution dims the once vivid night sky, limiting our connection to the cosmos and impacting scientific research.

To combat this issue, efforts such as using shielded outdoor lighting, implementing light ordinances, and promoting energy-efficient lighting technologies have gained momentum. A collective effort to raise awareness and take practical measures can help us restore the beauty of the natural night sky and mitigate the far-reaching consequences of light pollution. It is time to reclaim the darkness for the benefit of nature and humanity.

## अनोखा बंधन

यदि माँ घर का मांगल्य है तो पिता घर का अस्तित्व....पर इस पिता रूपी अस्तित्व को, उनके त्याग को क्या कभी हम समझ पाये हैं। 'पिता' शब्द हर जगह अपनी संतान को एक सुरक्षा कवच का एहसास कराता है। पिता वो है जो हमारी खुशियों के लिए ना जाने कितनी ऐसी अपनी खुशियों को हंसते - हंसते हमारे लिए कुर्बान कर देते हैं और उसकी भनक तक हमें लगने नहीं देते हैं। पिता वो फरिश्ता है जो हमें सिर्फ और सिर्फ देता है। पिता वो है जो हमें जिंदगी में पहला कदम रखने पर हमारी उंगली पकड़ हमें दुनियादारी सिखाता है लेकिन सोचो ज़रा वो जब सुरक्षा कवच हट जाए तो जीवन कैसा होगा.....उनको मैं, आज हर जगह तलाश रही हूँ.....मुझे मिल नहीं रहे.....लेकिन उनके संस्कार, उनकी सीख, उनकी प्रगतिशील विचारधारा सदैव मुझे जीवन में नित नए आयाम तलाशने के लिए प्रेरित करते हैं.....

मैं अपने पिता को ढूँढने चली,  
मिल जाएँगे वो एक दिन, यह सोच चली।  
हूँ वास्तविकता से पृथक,  
लेकिन अपनी किस्मत से लड़ने चली।।  
एक क्षण, दर्शन हो जाएँ उनके, बस यही  
सोच आगे बढ़ी।  
एक टीस सी चुभती, मुझे हर घड़ी।  
मिलेंगे वो एक दिन मुझे, कहीं न कहीं।  
यही सोच मैं, अपने पिता को ढूँढने चली ॥

एक कल्पना है मीठी सी,  
फिर से वापस लौटेंगे वो एक दिन,  
यहीं सोच के साँझ -सबेरे  
मन को द्वाडस बाँध चली।  
मैं अपने पिता को ढूँढने चली।  
मैं अपने पिता को ढूँढने चली.....  
- रागेश्वरी डेहरिया  
संगीत अध्यापिका

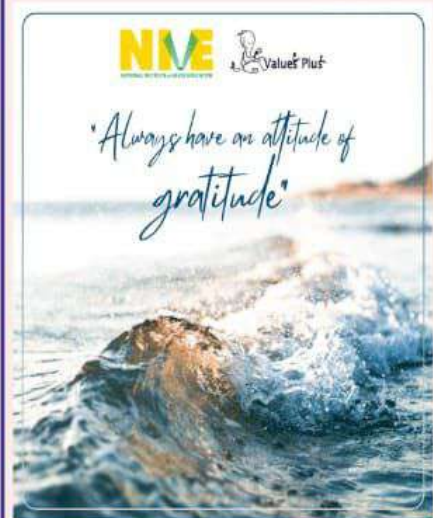
## PUZZLE

### #VALUE PUZZLE

U I Y

HINT-THE MINUTE YOU THINK YOU HAVE IT,  
YOU LOST IT !

NVE



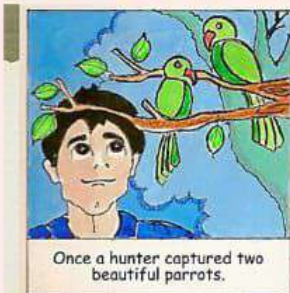
NVE Values Plus

'Always have an attitude of  
gratitude'

## PICTORIAL STORY



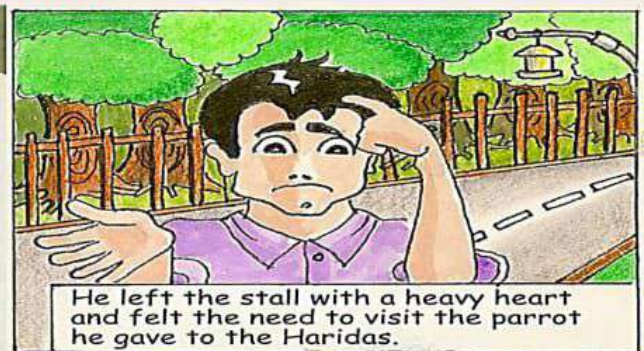
### THE COMPANY YOU KEEP



Once a hunter captured two beautiful parrots.



He sold one to the butcher.



He left the stall with a heavy heart and felt the need to visit the parrot he gave to the Haridas.



He sold the other to a Haridas who glorified his lord through song and story.



HARE RAMA  
HARE KRISHNA  
RAMA RAMA  
HARE HARE

HE MARVELLED AT THE WORDS UTTERED BY THE TWO PARROTS WHICH WERE POLES APART IN THEIR TONE, TEMPERAMENT AND CONTENT. IT IS THE ENVIRONMENT AND CONSTANT COMPANY IN WHICH WE GROW UP THAT MAKES ALL THE DIFFERENCE. THEREFORE, WE MUST CHOOSE THE RIGHT COMPANY AT ALL TIMES.

### 6 MONTHS LATER

The hunter happened to pass by the side of the butcher's stall. He remembered the parrot. He went and visited it but was repulsed by the words that came out of its mouth.



CATCH  
KILL  
CARVE  
SLICE

Therefore,  
we must choose  
the right company  
at all times!

## ACHIEVEMENTS

Aarush from grade VIII B, accompanied by his father and their group, deserves heartfelt felicitations for their triumphant completion of two demanding Himalayan treks. The first, Har ki Dun Trek (7 days), took them to an altitude of 11,811 feet, where they were greeted by awe-inspiring landscapes. The second, Goechala Trek (11 days), challenged them to reach an impressive 15,100 feet, rewarding their determination with breathtaking views of Kanchenjunga, the world's third-highest mountain.



These challenging treks not only tested their physical endurance but also deepened their appreciation for the stunning beauty of the Himalayas. Their resilience and spirit for adventure are truly commendable, leaving them with

indelible memories of this remarkable journey. Aarush and the entire group are deserving of sincere admiration for their remarkable accomplishments.



New Horizon Gurukul congratulates Nishanth Ramkumar of grade 2 C for winning the 'Sketch for Survival contest' by showcasing the Indian Pangolin.

This global competition, hosted by Explorers against Extinction, emphasizes species conservation. Nishanth is now one of the top four finalists in his age group worldwide. His artwork will be displayed in prestigious galleries in Edinburgh and London and auctioned online to support the Project Fund, contributing to the preservation of endangered species. Well done, Nishanth!



During the Greenwood High Model United Nations (MUN) event held from August 25th to 27th, 2023, Arul Swaminathan from grade VIII achieved the title of Outstanding Delegate. Arul, representing Iraq in the SOCHUM Committee, addressed the crucial issue of human trafficking in Southeast Asia. He received a well-deserved cash prize of 3000/-. Congratulations to Arul for his outstanding performance!



In the CBSE South Zone 2 Taekwondo inter school tournament held at Bailhongal, Belgaum, organized by Kalpavruksha Model School, students from Maharashtra, Kerala, Goa, and Karnataka participated. Our school's students, B N Thrishanth of 10F, excelled in the competition. Thrishanth secured a silver medal in the below 63 kgs weight category, while Harshit of 9E secured a bronze medal in the below 78 kgs weight category. It's worth noting that B N Thrishanth's outstanding performance in the tournament has earned him a qualification to participate in the CBSE Nationals.

★ Congratulations! ★

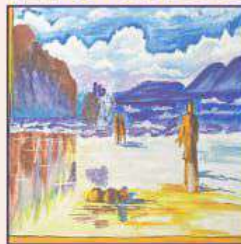
## Art Corner



Aadhya Karthik- 7C



Aditya Varshney- 5H



Akshita Nikhra- 6B



Akshya.K- 6B



Avyukt- 7C



Dheekshana- 3D



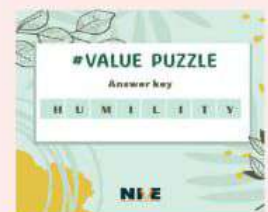
Harshini- 5B



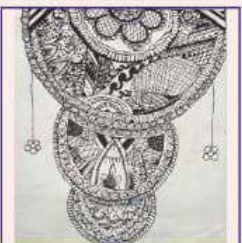
Ishan Chakraborty- 7A



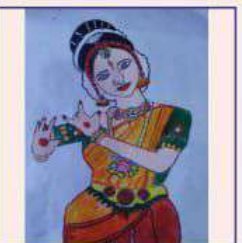
Kriti Maheshwari- 6H



Niyati Soni- 6D



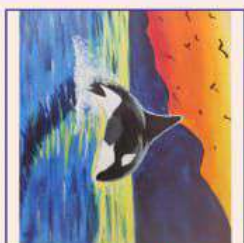
Reeya Muddam- 3B



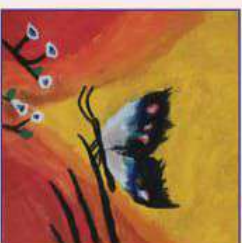
Riddima- 5F



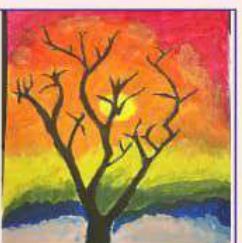
Rijuta- 6F



Shivika.A- 6G



Shreshtha- 6H



Srijith- 5D

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