ISSUE 88 AUGUST 2025

तस्मावद्वानसम्भूतं इत्यं ग्रानाखिनामनः । शिर्चने संशयं योगसाविद्योतिष्ठ नारतः । tasmad ajhāna-sambhūtani hyr-shani plānāsinātmanabi chittvainam samsayari yogam atisthottistha bhārata Bagnad Chi-Chapir 4 not 42 Therefore, the doubts which have arisen in your heart out of Ignorance should be slashed by the waspon of knowledge. Armed with yoga, O Bhārata, stand and fight.

INDEPENDENCE INDEPENDENCE

A CELEBRATION OF INDIA'S SPIRIT -

15° August, it's not merely a date on the calendar, but a commemoration of our fight against colonial rule; the day our beautiful Bharat Maata was finally freed from years of oppression. Every year, Gurukul rises to the occasion to honor this legacy of courage, and the Independence Day of 2025 was no exception.

The morning began with the unfurling of the Tricolor, fluttering proudly as students and teachers stood in reverence. The national anthem, sung in chorus, reverberated across the campus, awakening a collective patriotic spirit in every heart. Our brilliant hosts of the event then extended a heartfelt welcome to our dignitaries.

What better way to begin the array of performances than with the universal language, music. Our talented vocalists evoked a deep sense of national pride with melodious and soul stirring medleys of patriotic songs. This was followed by our graceful classical dancers, who beautifully expressed devotion towards our motherland, merging patriotic passion with tradition and divinity. The highlight of the day was a powerful stage presentation on *Operation Sindoor*. The drama captured the many shades of sacrifice farewells filled with both hope and sorrow, the tension of uncertainty, and the indomitable courage of soldiers facing adversity. Expressive acting, gripping choreography, and evocative background music brought the story alive, leaving the audience deeply moved.

Energetic choreography from our robust dancers, along with expressive background music only enhanced the performance further, blending drama, dance, and music. The play emphasized precision, much like the very roots of Indian patriotism, even emulating the strong statements from Colonel Sofiya Khureshi and Wing Commander Vyomika Singh, as well as the iconic speech by our Prime Minister Narendra Modi. Independence Day celebration at Gurukul was not just another event, it was a heartfelt tribute to our nation's courage, culture and unity. A seamless blend of talent and creativity, the event was a resounding success, reflecting the hard work from our students and teachers alike.

-Vyjayanthi Giridhar, 11B

SRI KRISHNA JANMASHTAMI CELEBRATION



The festival of Sri Krishna Janmashtami was celebrated with devotion and enthusiasm at New Horizon Gurukul. The program for Grades 1 to 4, held in the Chanakya Auditorium, included the school prayer, an introduction to Lord Krishna's teachings, aarti, kirtans, a melodious song, and a captivating dance. A Maha Sankalpa ceremony on the lawn, with a decorated altar, Tulasi plant, Jhulan, and live bhajans, added to the spiritual atmosphere. Students and teachers from higher grades also had darshan of Baby Krishna and received charanamrit and prasadam. The beautifully decorated school lobby further enhanced the celebration, which concluded with gratitude and left everyone inspired by Krishna's teachings.

EDUCARE - THE ART OF DOING NOTHING: WHY IDLENESS IS ESSENTIAL



Every day, we rush. We run, not walk; we scarf down food, not eat; and we sleep, not rest. Constantly striving to be bigger, faster, and better, we read articles promising the key to productivity, we "utilize" waiting time, or even wake up at 3:00 a.m.—all for what? To be free! That, in itself, is the greatest irony: confining ourselves to a schedule in pursuit of freedom. One must instead try to do nothing—shut off, and rest. Do not think of the future or the past; just be in the moment. As the French say, "Stop and smell the roses." We get so caught up in running toward the goal that we forget to enjoy the journey—life itself. Sit down and breathe, close your eyes, or simply relax. Be in tune with your body. Ask yourself: when was the last time you were free and not on the run? It is true that the human brain is never truly idle, always processing, but allow your mind the liberty to pause the constant train of thoughts and actually process what you have. You might just find the answer you've been searching for. So, as the marketing team of 5-Star has been saying for years: do nothing. And if you haven't heard of it, perhaps you scrolled past it—lost in the endless sea of articles promising to boost productivity.

Samiha W. 12C

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"IN CONVERSATION WITH THE AUTHORS"



Gurukul's young authors Meera, Achyuth, Advik, Tejas and Ayaan from Grades 8 and 9, took the Amphitheatre stage to share their inspiring journeys as published writers. They spoke about how simple ideas blossomed into full stories and eventually became books, describing the joy of seeing their work in print and the dedication it required. With honesty and enthusiasm, they engaged the audience, sharing their love for storytelling and the creative process. Primary students from Grades 1 and 2 listened with excitement, their curiosity sparked by the authors' creativity and passion. The session ended on a wave of inspiration, encouraging the young audience to dream of becoming authors themselves.

"COSMIC 2025: WHERE CURIOSITY MET CREATIVITY"

Cosmic 2025 - The second edition of cosmic was an aurora of challenges, creativity and celebration. It brought together more than 500 students of various grades from over 25 different schools across Bengaluru, ready to explore, innovate and re-imagine the boundaries of science. It provided a platform for those who wanted to test their endless curiosity. The participants had to face palpable tension of solving medical dilemmas, unwind mysteries of crime scene and experience a rollercoaster of psychological revelations. From ancient inspiration to futuristic designs of robots and buildings, the participants held their innovation at its peak. Scientists stepped into the shoes of journalists to balance truth with impact and clarity with curiosity. The afterparty -



Timeless was the perfect wind-down to a tightly packed day. With music, dance, food stalls, and photo booths, Timeless brought joy, connection, and celebration. It was a reminder that science and art are two sides of the same coin. The fest wasn't just about facts, it was about feeling - pride in discovery, joy in collaboration and awe in the unknown. It gave students a chance to express not just what they know, but who they are - future scientists, speakers, and dreamers. We have witnessed groundbreaking ideas, inspiring presentations, and the forging of new partnerships that will undoubtedly shape the future. The immense hard work and efforts put by all the heads to make the second edition of cosmic a resounding success was truly extraordinary. To every participant, volunteer, and organizer: thank you for making it unforgettable.

SWACHH BHARAT ABHIYAN - INTERACT CLUB INITIATIVE



The Interact Club of NHG took a proactive step towards community welfare by participating in the Swachh Bharat Abhiyan. A cleanliness drive was organized outside the school campus in collaboration with BBMP, where students and teachers worked together with great enthusiasm. The initiative not only focused on cleaning the surroundings but also on creating awareness about the importance of hygiene, sanitation, and individual responsibility in building a healthier society. The drive encouraged students to lead by example and inspired the local community to adopt sustainable cleanliness practices. This activity highlighted the values of teamwork, social responsibility, and active citizenship, reflecting the true spirit of the Swachh Bharat mission.

SMILES, LAUGHTER, AND LEARNING: YOUTH SEVA 2025

There are some days that remind you why coming together as a community matters, and Youth Seva was exactly that — it wasn't just an activity; it was a reminder. As Gurukulites, every year we visit government schools and spend a day with the students, carrying forward the spirit of seva and learning through NIVE. When I think of the seva we did at Madiwala Government School, what stays with me is not just the activities — whether it was games, storytelling, crafts, or sports — but the atmosphere of genuine connection. The students welcomed us with so much openness that any sense of difference between "us" and "them" faded quickly. Watching their wide smiles during the activities or hearing their cheerful voices echo while playing games brought forth a feeling of contentment that cannot be put into words. The experience reminded me that true learning goes far beyond the infrastructure we have; it's about attitude, respect, and



the curiosity to learn. By the end of the day, the nervous silence we began with had turned into laughter, chatter, and a bond we would cherish for a lifetime. The experience left us with a sense of fulfilment and energy to continue working towards our goals because, at the end of the day, true impact comes from effort. Youth Seva is not just another event in the calendar; it's a reminder of why empathy, gratitude, and giving back matter so much.

- Samiha W, 12C

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ACHIEVEMENTS



Our students swept accolades at the inter-school competitions hosted by Euro School
Saanvi Dhehial Phukan of Class 5G secured 2nd place in the Individual Art category under
the theme Festive Strokes, impressing everyone with her vibrant imagination.

Kaushani Das of Class 2F secured 1st place in the Individual Art category. Her creative masterpiece, Under the Sea, stood out under the theme Artoon, earning the top honour.

In the Group Dance category, a spirited team from Classes 7 and 8 secured the Runner-up position with their synchronized and energetic performance. Kudos to Mishha Goyal, Diya Sohan, Akshara Tella, Haswitha Surpaneni, Priyanshi Swain, Swastika Mukherjee, Ritika Rejath, Suvam Bala, Anvita Singh, and Harshali Kalita.

Sai Sarah of Class 8C and Anwesha Dash of Class 7G dazzled the stage in the Duet Dance Event, securing the Runner-up position with their expressive and well-coordinated routine.

At the inter-school cultural fest hosted by Vishwa Vidyapeeth Group of Schools

Our talented team from Grades 9 and 10—Hansini M Godi, Vaiga Varma, Mahika Chaudhary,

V Dhriti Shree, Shreya Agarwal, Shamika Nakade, Nandini Dugaputi, and Swara Kulkarni—secured

Ist place in the Group Dance competition Nritya Natkam, winning hearts with their grace, rhythm,
and perfect coordination.

In the Extempore Speech competition, Hridya Das of Class 5D showcased her sharp thinking and confident speaking skills, earning 3rd place.





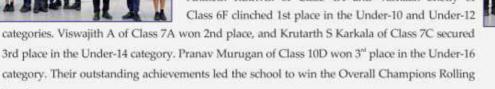
New Horizon Gurukul was honoured with the prestigious 'Award for Excellence' by STEM & Space at the National Astronomy Challenge (NAC) 2024, held at T-Hub, Hyderabad. Among the many brilliant minds that participated from across the country, Vihaan Vikas Mastud of Class 8A stood out and emerged as the NAC Champion, showcasing stellar knowledge and deep curiosity in the field of astronomy.

Prarthana Anand Jyoti of Class 8D added new feathers to her cap by winning a trophy at the prestigious Crest Science Olympiad. She showcased her academic prowess by earning medals in the NSTSE (Science) and UIEO (English) Olympiads. Her achievements reflect dedication and excellence in multiple disciplines.





Our students displayed outstanding skill at Sindhi High School's Chess Tournament. Mayra Asish of Class 4H secured 1st place in the Under-10 category, while Nainika of Class 6F and Nitya Ranjan of Class 7D bagged 3rd place in the Under-12 and Under-14 categories respectively. Aniketh Ruthvik of Class 4A and Varhaan Shetty of Class 6F clinched 1st place in the Under-10 and Under-12





Trophy.

Shayuri Guha Thakurta of Class 3F showcased her grace and talent at the Interclub Artistic and Aerobic Gymnastics Championship 2025, organised by the Elite Squad Gymnastics Academy, where she secured a gold medal among participants from various clubs across Bengaluru. She also gave a captivating Bharatanatyam performance at the cultural program Nrithya Nardhanam 2025, graced by the esteemed presence of Smt. Gayathri Keshavan, Director of the Academy of Bharata Natyam in Bengaluru.





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ACHIEVEMENTS



New Horizon Gurukul is proud to celebrate the achievements of its Primary and Junior Secondary School students at the "Expressions" Inter-school Competition hosted by HAL Public School on 7th August. Competing with students from over 30 schools, Prakshith M of Class 4D and Hridya Das of Class 5D secured the first prize in VOCA -English Vocabulary Activity, winning gift vouchers worth ₹500 each along with certificates. In Echoes of the Ink - English Poetry Presentation, C.V. Jannani of Class 8B, Apeksha of Class 8C, Hunar Kundanani of Class 6G, S. Shivakarthikeyan of Class 8D, Anvita of Class 7E, and Megha Samhitha of Class 6B won the second prize, each receiving gift vouchers worth ₹350 and certificates. Their success is a reflection of their talent, dedication, and love for learning.



The U17 Girls Volleyball team of New Horizon Gurukul showcased remarkable skill and determination at the interschool competition hosted by Gear Innovative International School. Facing tough opponents, the team displayed excellent teamwork, strategic play, and unwavering spirit throughout the matches. Their consistent performance and dedication earned them a well-deserved 2nd place finish in the tournament.



Youth Parliament at Rajasthan Vidhan Sabha- Maharaja Sawai Mansingh Vidyalaya, Jaipur, hosted the Youth Parliament on 2-3 August 2025, inaugurated by Honourable Speaker Sri Vasudev Devnani. The event brought together 168 bright minds from 48 schools across India. It was a moment of pride for New Horizon Gurukul

as our students actively participated in sessions held at the prestigious Rajasthan Vidhan Sabha and the host school auditorium. The first session reaffirmed the 1994 Lok Sabha resolution against cross-border terrorism, calling for Pakistan to vacate Pakistan-occupied Kashmir. Other debates addressed safeguarding judicial independence, curbing misleading celebrity endorsements, and preserving the words "Secular" and "Socialist" in the Preamble. Representing NHG with excellence, Aastha Shukla of Grade X, along with Pragya Chaturvedi and Ashwika Khaitan of Grade XII, delivered powerful speeches, exchanged ideas with peers from across the nation, and returned enriched with deeper insights into the workings of Indian democracy.



We proudly congratulate Athary Kathuria of Grade 3 for winning an Honorable Mention at wizkidscarnival's All India Kids Premier League - Build-It May 2025 Challenge, His innovative and artistic model earned him the title of Master Builder.













BEHIND THE SCENE

Aditya, 7B

Akriti, 8F

Ananya Chandzasekaran, 9C

Bhargavi H, 9C

Dr. Mohan Manghnani Chairman - NHEI Ms. Sargam Manghnani Vice Chair Person - NHG







Chief Editors

Principal

Mr. Ravishankar Putti,

Dhruv, 5B



Harshan Pranav V, 6G







Kavin Sudhakaran, 6H

Mishti Gupta, 2F





