



Event: Happy Sunday Morning @NHG

Date: 24th August 2025

Time/ Duration: 8:30 AM - 10:00 AM

Venue: 3D Theatre

No. of Participants: 76

Objectives

- To nurture spiritual growth.
- To foster a sense of togetherness while spreading joy and positivity among parents, grandparents, and children through spiritual sessions and Kirtans.

Event Details

A memorable Happy Sunday celebration took place at the theatre, where parents revelled in a fun-filled game and immersed themselves in the spiritually uplifting sessions of soulful kirtans, the sacred chanting of shlokas, inspirational stories from Mahabharat, and an engaging quiz led by Satya Raj Prabhu and the Values Plus Team.

This led to creating a day filled with devotion, harmony, and positive energy.

The event's pinnacle was the vibrant kirtan session, where parents, grandparents, and children joyfully danced and sang with devotion.

The ISKCON Temple's generous provision of delectable khichdi prasad added to the delight, as participants relished the flavourful offering. Ultimately, the program successfully cultivated joy, spiritual growth, and a strong sense of community wellness among the parents.

